

# Help your child get ready for school



Being 'ready for school' means that your child has the emotional and social skills they need to make a successful move from nursery to reception.

This includes being able to express and understand their own emotions, following instructions and understanding relationships with others.



Turn over for the things your child should be able to do by the end of nursery. Don't worry if your child can't do them all – you can keep on practising together.



# Let's get ready for school...

Tick off the things your little one can do as they prepare for school.


## Sustained attention

- They can sit and listen to a short story 
- They enjoy new experiences and making choices
- They like rhymes, songs, games, stories and books 



## Emotional understanding

- They are confident to leave you when dropped off at nursery
- They can talk about what makes them happy and sad
- They can ask an adult for help


## Following instructions

- They can listen to and understand simple instructions 
- They can point to parts of their body when asked to
- They use the toilet, wash their hands, and clean their teeth

## Social relationships and awareness

- They can play with others and begin to share 
- They can wait for their turn when playing a game 
- They can share toys they really like with their friends or brothers and sisters

## Creativity

- They can use three to four words in sentences 
- They can climb a ladder at the park to go down the slide
- They eat, chew, try different foods and drink from a cup 