



Becoming a SAFE HAVEN

London borough of Barking and Dagenham

Training slides



What are Safe Havens?

A safe haven is a welcoming place where people can get immediate help when they need it.



What do they do?

They welcome you.

They offer you a safe place to be, until you're ready to leave.



They can help you by offering practical things:

They might help you call someone - your parents, a friend or if the situation was dangerous, the police.

They might give you helpful information, like how to get to the nearest bus stop and which bus to take home.

They might just give you time to calm down and kindness to give you the confidence to make your way home.



What sort of places are they?

Anywhere that has a space where the public can visit can be one. Restaurants, shops, schools, offices & more.

How do you know where to find them?

Visit xxxxlbbd.gov.uk/map to find a list and map



What aren't they?

- 1.They're not judgmental or nosey about your business!
- 2.They're not experts
- 3.They're not the police



Before you help: Check you are S A F E

Safety first: ask am I safe? Are there 2 of you in your venue?

Assess: what action can I offer to help?

Be aware of safeguarding, don't be on your own in a closed room with the person you're trying to help.

Fill in & follow up: Fill in your log book - shown on next slide. Afterwards tell the other people who work or volunteer with you what happened so that everyone can talk about what you did together. Discuss as a team to see if there's any new actions and improvements you could take.

Effective: if there is any way to improve what you can do to support someone coming in with a similar issue again, do it now so you're more effective next time.



Safe Haven Log

Safe Haven location:

Safe Haven contact number:



STUDIO 3 ARTS

Date and time of incident	Your name	Name of person requiring assistance	Please describe what happened	What action did you take? (eg. call the police)



Scenarios: what would you do in your organisation if...



1. A woman comes in distressed, she thinks an ex-boyfriend is following her and she is scared
1. A young person comes in, they have been robbed and cannot get home
1. A man comes in, he is new to the area and does not speak English that well. He is struggling to make his way home to Barking Riverside.
1. A woman comes in who has been shopping & has lost her purse
1. A young person comes in they are worried because they were supposed to meet their mum and she wasn't there. They have no credit on their phone.
1. A man comes in who's upset, he explains he is finding it hard financially to feed his family.
1. An elderly person comes in who seems confused when you ask them basic questions about what they're doing and where they're trying to get to.



Next steps:

[Become a safe haven by completing our quick form.](#)

Go back and talk to others in your team & sign them up for this training if you wish.



Thank
You