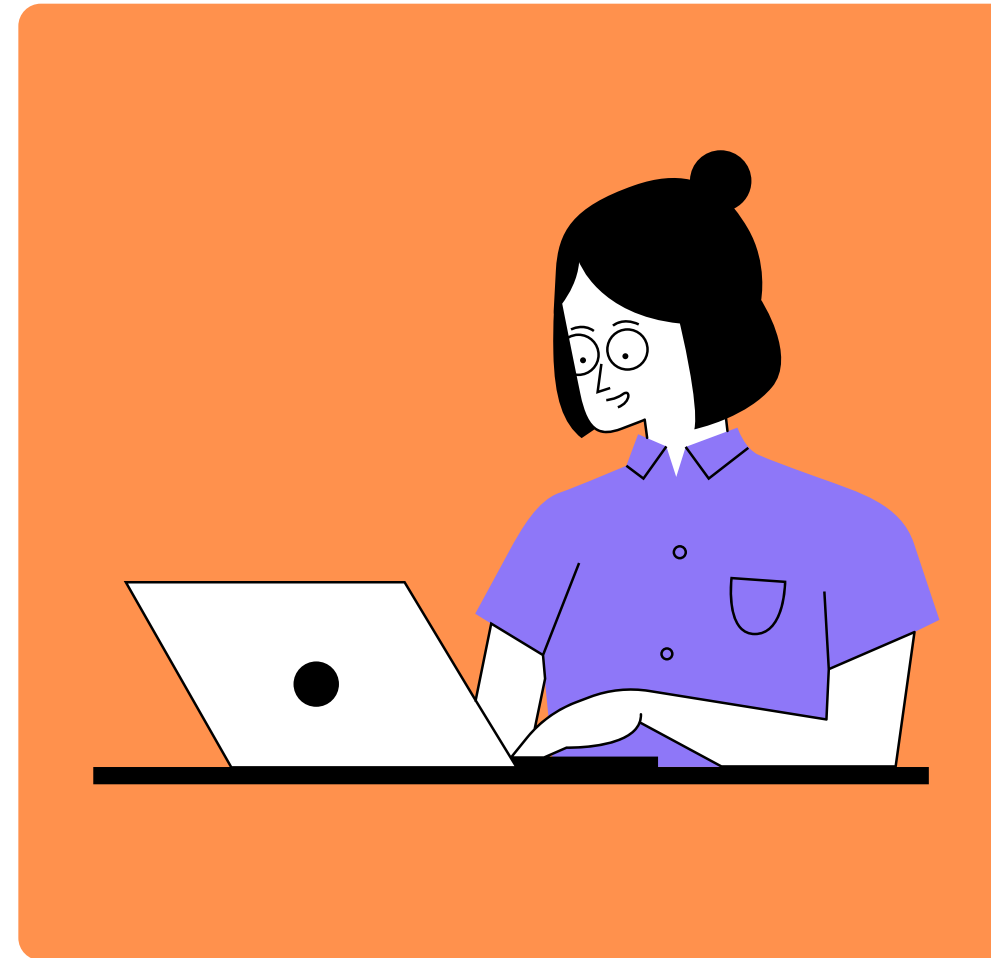


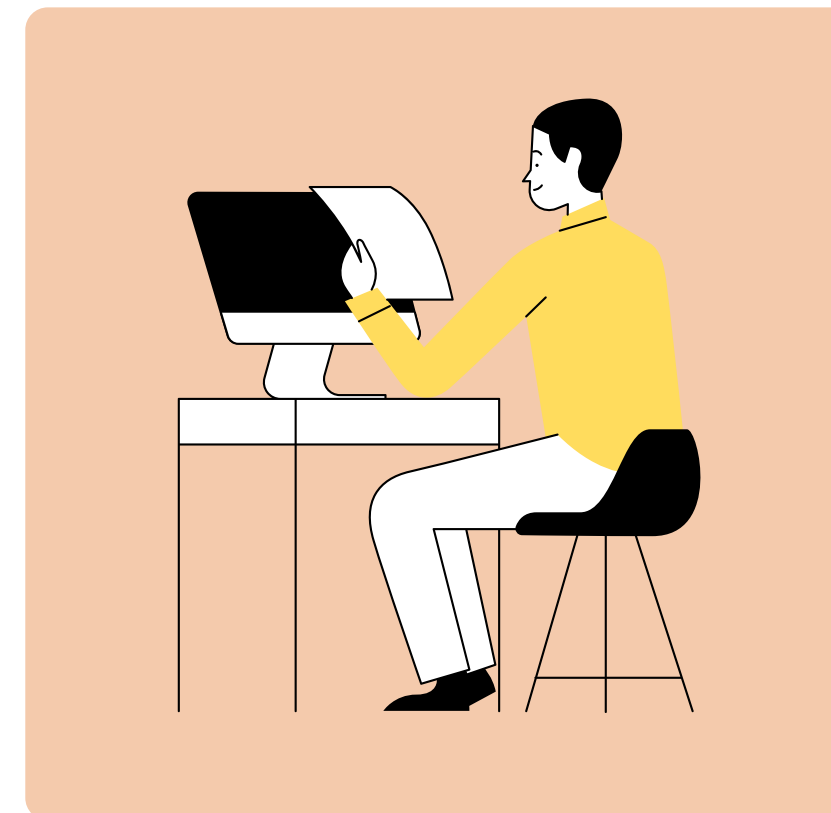
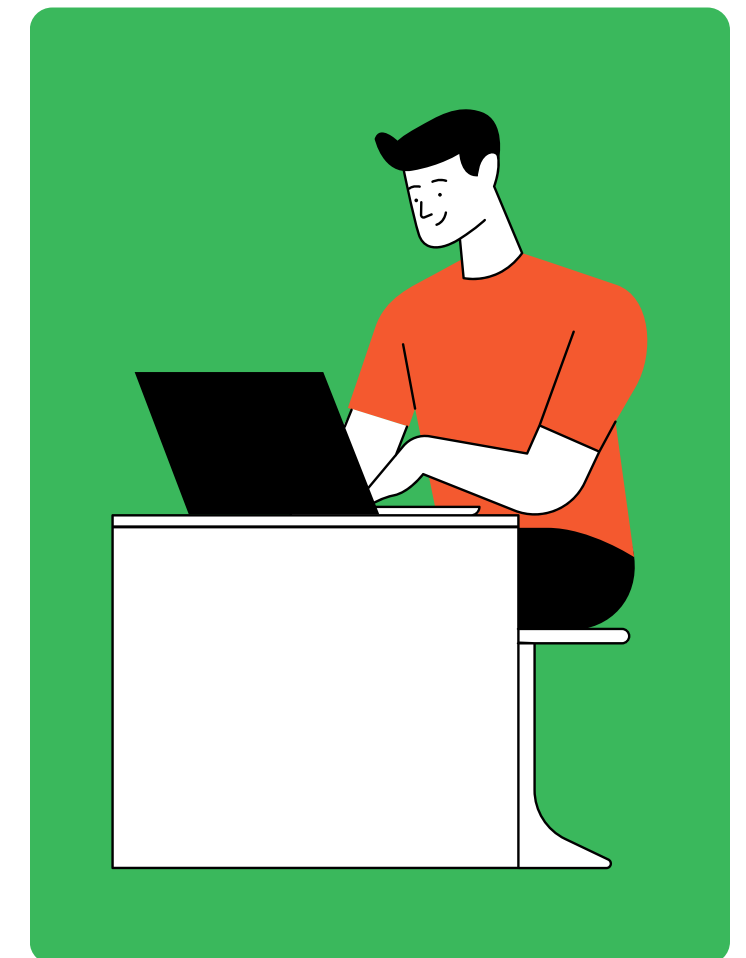
ROUND 5 AND 6

# NCIL Report Summary

This report highlights the funded organisations from rounds 5 and 6



**Barking &  
Dagenham**



# Funded Organisations





	Age UK	Dagenham Boxing Club	Early Years Cocoon	Barking and Dagenham Youth Zone	High Voltage Performing Arts
Funding	<ul style="list-style-type: none"> <li>£10,000</li> </ul>	<ul style="list-style-type: none"> <li>£8,250</li> </ul>	<ul style="list-style-type: none"> <li>£7,970</li> </ul>	<ul style="list-style-type: none"> <li>£9,262.63</li> </ul>	<ul style="list-style-type: none"> <li>£4,500</li> </ul>
Theme	<ul style="list-style-type: none"> <li>Health and Wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellbeing</li> <li>Inclusion and Diversity</li> </ul>	<ul style="list-style-type: none"> <li>Children and Young People</li> </ul>	<ul style="list-style-type: none"> <li>Food</li> <li>Children and Young People</li> </ul>	<ul style="list-style-type: none"> <li>Art and Culture</li> <li>Inclusion and Diversity</li> </ul>
Ward	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>Village</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>Chadwell Heath</li> </ul>
Outcomes	<p>Befriending service for older people to help them regain a sense of connection and reduce social isolation. Also currently offers online group activity sessions and provides HDMI ports to ensure no one is digitally excluded.</p>	<p>Offers boxing training programs and sessions to the local community with a focus on improving diversity of membership and prioritising underrepresented groups.</p>	<p>Produced a collaborative parenting booklet with contributions from families and local organisations. 1000 hard copies printed and distributed in local libraries, community hubs, local organisations. Digital version available</p>	<p>Delivers cooking sessions for young people, with a focus on nutrition, meal planning and cooking on a budget. Also offers sports activities and mental health interventions.</p>	<p>Delivers projects focused on community engagement, volunteering opportunities and participation through music and the arts. Teaches participants to read, play and enjoy music.</p>

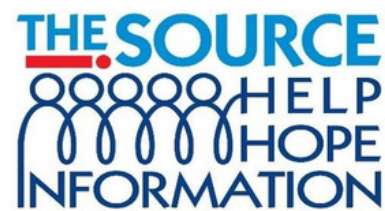




	Youth League UK	Chadwell Heath Community Centre	Sycamore Trust	Arc Theatre	BDYD
Funding	<ul style="list-style-type: none"> <li>£10,000</li> </ul>	<ul style="list-style-type: none"> <li>£6,520</li> </ul>	<ul style="list-style-type: none"> <li>£9784</li> </ul>	<ul style="list-style-type: none"> <li>£9,800</li> </ul>	<ul style="list-style-type: none"> <li>£9,984</li> </ul>
Theme	<ul style="list-style-type: none"> <li>Children and Young People</li> </ul>	<ul style="list-style-type: none"> <li>Arts and Culture</li> <li>Skills and Employment</li> <li>Children and Young People</li> </ul>	<ul style="list-style-type: none"> <li>Children and Young People</li> <li>Health and Wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>Arts and Culture</li> <li>Children and Young People</li> </ul>	<ul style="list-style-type: none"> <li>Children and Young People</li> <li>Arts and Culture</li> </ul>
Ward	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>Chadwell Heath</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>
Outcomes	<p><b>Expected outcomes – TBC</b> – education support programmes for disadvantage people aged 11-15 years from diverse background, to help them to catch up with their learning that was disturbed by the pandemic.</p>	<p><b>Expected outcomes – TBC</b>– Arts and craft programme for children aged between 5-12 years old. Employability programme for young people over the age of 16 years old.</p>	<p>Support offer to parents and young people whilst waiting for a diagnosis of Autism and support for those who are newly diagnosed.</p>	<p>Interactive Boy X 2022 performance programme over eight days from June to November 2022, which aims to educate school children on knife crime.</p>	<p>Working with young people to develop leadership and conversation skills and using themes from the conversations as the basis to create choreography.</p>



	Green Shoes Arts	HumDum UK	Hatfield Community Hall	Wood Lane Baptist Church	MIND
Funding	<ul style="list-style-type: none"> <li>£10,000</li> </ul>	<ul style="list-style-type: none"> <li>£10,000</li> </ul>	<ul style="list-style-type: none"> <li>£7,000</li> </ul>	<ul style="list-style-type: none"> <li>£2,200</li> </ul>	<ul style="list-style-type: none"> <li>£10,000</li> </ul>
Theme	<ul style="list-style-type: none"> <li>Children and Young People</li> <li>Arts and Culture</li> <li>Inclusion and Diversity</li> </ul>	<ul style="list-style-type: none"> <li>Food</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>Arts and Culture</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellbeing</li> </ul>
Ward	<ul style="list-style-type: none"> <li>Chadwell Heath</li> <li>Marks Gate</li> <li>Becontree</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>Goresbrook</li> <li>Becontree</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>
Outcomes	Created a new youth theatre, based at Chadwell Heath Community Centre and aimed at young people. Delivers drama sessions to local schools and also organises field trips.	Expected outcomes – TBC – Aims to digitalise the food network to co-ordinate and minimise food waste.	<b>Expected outcomes – TBC</b> – Aimed to create a sensory garden to be used by the community.	<b>Expected outcomes – TBC</b> – Aimed to host 2 sessions of theatre style production over the festive season. Aimed at fostering community integration and social cohesion among residents.	Provides a free and accessible counselling service for individuals who are experiencing a deterioration in their mental wellbeing as a direct result of the COVID-19 pandemic.



	Pennu Charity	Barking Churches Unite	Becontree Horticultural and Allotment Association	Peer 2 Peer	Humourisk
Funding	<ul style="list-style-type: none"> <li>£5,000</li> </ul>	<ul style="list-style-type: none"> <li>£10,000</li> </ul>	<ul style="list-style-type: none"> <li>£10,000</li> </ul>	<ul style="list-style-type: none"> <li>£9,966</li> </ul>	<ul style="list-style-type: none"> <li>£10,000</li> </ul>
Theme	<ul style="list-style-type: none"> <li>Arts and Culture</li> <li>Inclusion and Diversity</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>Children and Young People</li> <li>Food</li> </ul>	<ul style="list-style-type: none"> <li>Children and Young People</li> </ul>	<ul style="list-style-type: none"> <li>Health and Wellbeing</li> <li>Skills and Employment</li> </ul>
Ward	<ul style="list-style-type: none"> <li>Eastbrook</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>Village</li> </ul>	<ul style="list-style-type: none"> <li>All wards</li> </ul>	<ul style="list-style-type: none"> <li>Thames</li> </ul>
Outcomes	<p><b>Expected outcomes – TBC</b> – Aimed to create and run “Ready, steady, Art” to bring together the elderly from different backgrounds to socialize in order to combat loneliness and isolation.</p>	<p>Provides good quality second hand furniture, white goods and household items to the homeless and those in need. Runs 'Pit stop' and community supermarket to deliver food to homeless and needy.</p>	<p>Aimed to improve the facilities onsite to encourage more people to use the plots to grow their own food. Encouraging engagement between the older and younger generation.</p>	<p>Trains young people aged 18–30 to become Peer Educators (PE’s) and deliver PSHE workshops in schools and other youth organisations and help support with youth-related issues.</p>	<p>Aiming to build a community-led space (shed) for people to connect, create and learn. Also running weekly art sessions at Sue Bramley Community Hub and has run other community events.</p>

# Themes

1

Art & Culture

2

Health and Wellbeing

3

Inclusion and Diversity

4

Children and Young People

5

Skills and Employment

6

Food

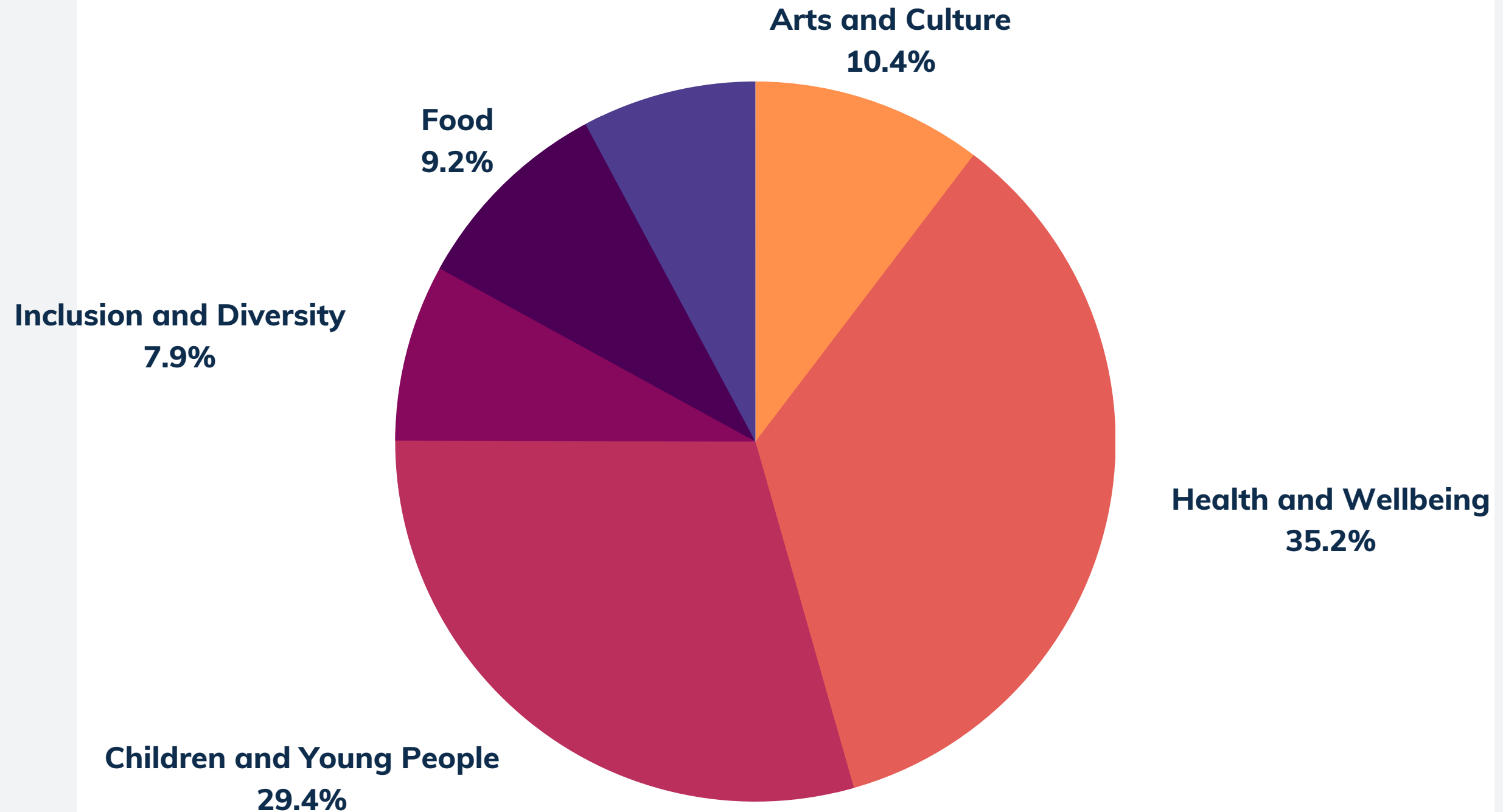


# Summary of key themes

This chart shows the percentage of funding that has been spent to support the different social outcomes in the themes listed.

Projects have been grouped into various themes depending on their project activities and outcomes.

Where some projects show outcomes in multiple themes, the spending has been split across the demonstrated themes to show the range of outcomes that the NCIL fund has supported.



ROUND 3 / 2022

# Themes & Case Studies



JUNE 9-13, 2025



# Health and Wellbeing

Health and wellbeing is a multifaceted term that describes the healthy, contented and prosperous condition we all aspire to.

This is a broad theme supporting and contributing to an individual's health and wellbeing. This includes mental and emotional health, physical health and a healthy lifestyle.

It also has important social benefits on educational attainment, economic productivity, social and family relationships, social cohesion and overall quality of life across the entire population.

**Funded 11 Organisations with a total spend of £75,217**





Maidie Create – 6-week creative mental health & well-being programme ‘Unbox your wellness – De stress & sleep well kit’ for vulnerable women in the refuge who are survivor of domestic violence.

Aims	Outcome
<p>Support vulnerable women who are survivors of domestic abuse, helping to relieve their anxiety, stress and to promote a healthier lifestyle for them through creative activities</p>	<p>Their wellness destress and sleep kits which service users made, gave users new skills, but also helped them support themselves emotionally by uplifting their mental health</p>
<p>Helping service users to overcome isolation through increased social interactions</p>	<p>Having a weekly activity together has created a bond between service users and got them out of their rooms</p>
<p>Run weekly activities for six months, boosting participants mental health and wellbeing</p>	<p>Engaged with 30 women across the 6 month programme, and each week the women were given a new activity to do. All feedback has pointed to improved mental health outcomes</p>
<p>Provide a non-paid work placement to 2 service users so they can gain experience of working with a charity</p>	<p>Two women have signed up for a work placement, they have said their self esteem, self worth, confidence and independence has been boosted,</p>

# Inclusion and Diversity

Inclusion is about how well the contributions, presence and perspectives of different groups of people are valued and integrated into an environment. Diversity is about representation or the make-up of an entity.

This is a broad theme supporting and contributing to the involvement of all people in the community regardless of their make-up and how we create a culture where diversity can thrive.

When people feel included, they are better able to contribute to the group and their society without fear of being ostracised. By bringing their ideas forward, they are offering a particular perspective, which stems from a completely different background

**Funded 5 Organisations with a total spend of £16,958**



**HVPA**  
HIGH VOLTAGE  
PERFORMING ARTS





Green Shoes Arts –Creating a new weekly youth theatre group for young people aged 12–18, run by a professional whose life experience reflects that of the local community. This programme will specifically target hard to reach groups in the community, and through this funding it will make it free to access.

Aims

Outcome

Run weekly theatre group for 12–18 year olds, targeting hard-to-reach groups in the community

Created a new youth theatre, running a programme of outreach workshops, actively recruiting via BD Youth Zone and delivering weekly drama workshops to a diverse, highly representative company

Teach life skills, including writing and presentation

Participants developed new skills and increased their confidence

Two six-monthly performances, highlighting the new techniques and performance skills that participants have developed

Carried out performances at One Borough Festival on Saturday 23rd July and at Green Shoes Arts Winterfest on 10th December.

Normalise multiculturalism by creating performances representing the diversity of the Borough

Created a strong group of young performers who were representative of the diverse communities of the Borough and who gained an improved understanding of cultural diversity.



# Children & Young People

This theme includes a range of different programmes that aim to provide support and services for children and young people.

This is a broad theme that includes all varieties of services and support aimed at improving the lives of children and young people in our communities to ensure our children are healthy, safe, and well looked after. Some examples include supporting healthy lifestyles, sports activities, education, skills development and parent/family activities.

**Funded 11 Organisations with a total spend of £62,857**





Early Years Cocoon – Producing their second parenting booklet by collaborating with families. Bringing parents together and strengthening their communication skills, contributing to sense of belonging.

## Children and Young People

Aims	Outcome
Producing a collaborative parenting booklet with contributions from families, running creative writing workshops	10 mothers contributing to the writing, with 3 creative writing workshops run, with a total of 54 family attendees. Booklet has been produced.
Working with local partners and organisations to contribute and include information on the services they provide	10 local organisations contributing to the writing and sharing information about their supportive services
Bring people together, strengthen their communication skills and contribute to a sense of belonging	Brought families and 10 local organisations together who are now proud of what they have achieved together. Parents spoke of their senses of achievement and satisfaction at having contributed
Distribute hard and PDF copies of the booklet to new families	Have begun to distribute to families in the area, in addition to the 275 families registered with them





# Skills and Employment

Projects that focus on developing employment opportunities and individual's skills, which include transferable skills like teamwork, communication and problem solving

This is a broad theme that includes all varieties of services and support aimed and improving people's skills. This can be hard skills such as developing a person's technical skills on a computer and, soft skills that can include non-technical skills and behaviors that improve communication, worth ethic and style.

Funded 3 Organisations with a total spend of **£16,693**





Humourisk – building a community-led space (shed) for isolated and vulnerable men and young volunteers to connect, create and learn. Providing activities and peer support for marginalised, economically inactive men and young people not in education and training

## Skills and Employment

Aims	Outcome
Co-createa community led space for isolated and vulnerable men – a purpose built accessible community space, designed by local people	Co-designed a purpose built accessible 'shed', have gained planning permission and first phase of building will be in place by June 2023
To engage with hard-to-reach men and young volunteers, encouraging their involvement in local opportunities and community life	Shed Life's steering group is now made up of 20 local residents, aged 18–83 years, with all residents welcome. Some volunteers are disabled, unemployed or long-term sick.
Provide a space to deliver a programme that raises confidence and motivation of local people, utilising residents lost skills	Have held workshops for 16 shed-life volunteers –have developed skills and confidence related to running events, enabling them to help with Jubilee Street Party in June.
Stimulate residents engagement using creative activities that trigger learning and development	Run a weekly drop-in that utilises tea, cake art and friendship. Carry out consistent engagement



# Food

Projects that focus on all aspects that relate to how we work together to build a sustainable food system.

This is a broad theme that includes all varieties of programmes aimed at improving people's skills, knowledge and access to food. This can be anything from growing clubs and community gardens in the community to delivering food aid and warm meals.

**Funded 3 Organisations with a total spend of £19,631**





Barking and Dagenham Youth Zone – Run cooking and nutrition sessions for children aged 8–12, senior members aged 13–19. Through the workshop children and young people will gain basic kitchen skills, benefits of eating healthy and cooking on budget.

Aims	Outcome
Improve health and wellbeing of members by utilising the training kitchen, in combination with physical exercise offer	74 sessions delivered for both junior and senior members, with 964 young people attending these sessions and benefitting from them
Delivering weekly cooking workshops to junior members, aged 8–12, focusing on nutrition knowledge, cooking on a budget and basic kitchen skills	Young people attended sessions, reviewing nutritional value of recipes and then making the recipes themselves, learning about kitchen safety and helping to plan the next weeks recipes
Engaging senior members, aged 13–19, in sessions that focused on nutrition for exercise and meal planning to ensure they are fueling their bodies appropriately to achieve their physical goals	Senior members gained knowledge around enhancing their training ability with increased nutrition in their diet

# Arc Theatre presents Boy X 2022

By Clifford Oliver



# Art and Culture

Projects that focus on all aspects that relate to how we work together to build and create a thriving community of art and culture

Community art is artistic activity that is based in a community setting, characterised by interaction or dialogue with the community and often involving a professional artist collaborating with people who may not otherwise engage in the arts. People who participate in art and cultural activities would say that these activities enhance the quality of their lives - they bring about personal enjoyment, enriching perspectives, intellectual stimulation, and opportunities for public involvement.

**Funded 7 Organisations with a total spend of £22,098**





Arc Theatre – aims to prevent the carrying and using of knives and weapons by delivering ‘Boy X Interactive’ – hard-hitting participative performance programme for students aged 11+ in schools/PRUs, their teachers, parents and the wider local community.

Aims	Outcome
Aimed to prevent the carrying and using of knives through delivering 'Boy X Interactive' – touring the play to up to 8 secondary schools across LBBD	Arc delivered the performance across 21 separate sessions in eight schools, reaching approximately 2340 students aged 11-15
Raise awareness of realities of weapon carrying and knife crime.	In a safe environment, Boy X enabled students to practice critical thinking skills and through active discussion, explored and recognised the dangers and consequences of weapon carrying and gang crime
Encourage healthy lifestyles and alternatives to crime, bringing together young people and adults to discuss the issues together	Teachers spoke of the high levels of engagement shown by students, following the performances, with extensive discussions following between teachers and students