

ABARKING & DAGENHAM  
Progress Project



# THE SPEAK UP FORUM

For young people (15-25)  
with a special educational need or disability  
from Barking and Dagenham.

Come and meet with your friends,  
be involved in getting your views and ideas listened to,  
and create positive changes in the borough.

projects & consultations | social meetings | running through school holidays

all sessions are free, meeting twice a month  
Friday evenings 6:30pm - 8:30pm  
at **THE VIBE**

195-211 Becontree Avenue, Dagenham, RM8 2UT



For more information or to join, contact

**ANDY MURPHY**

Participation Officer

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