# Barking \& Dagenham <br> <br> SEND LOCAL OFFER Quick Updates 

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https://localoffer.Ibbd.gov.uk/


The Christmas shopping can be a very exciting but stressful time of the year for many children and young people with SEND or autism. But there are shops offering sensory-friendly shopping hours:

- Turn noise down
- Reduce bright, moving lights
- Limit number of shoppers
- Offer earmuffs or fidgets
- Reduce or eliminate scents
- Additional staff training on helping people with disabilities
Our children and young people can also have shopping experience. They can learn how to manage changes with good preparation and planning.


## New SEND Local Offer Website (beta) -

What's On
New resource added:
Please click
sendlocaloffer@Ibbd.gov.uk
$4^{\text {th }}$ December 2023 next Monday
International Day of Disabled People (IDDP)

Programme on next page 曾
Stallholders:

1) St Francis Hospice
2) AbPhab
3) ILA
4) Sensory Impairments

Team
5) Talking Newspapers
6) TGA
7) Carers of Barking \&

Dagenham
8) Age UK
9) Healthwatch
10) Bikeworks


