

# **Useful Information in British Sign Language**

NHS 111 in BSL free 24/7 service medical advice <a href="https://signvideo.co.uk/nhs111/">https://signvideo.co.uk/nhs111/</a>

NHS 119 in BSL free service re: tests and vaccines <a href="https://signhealth.org.uk/announcement/nhs-119-bsl/">https://signhealth.org.uk/announcement/nhs-119-bsl/</a>

999 Emergency Services in BSL (ambulance, police, fire brigade, coastguard)
<a href="https://999bsl.co.uk/">https://999bsl.co.uk/</a>

NHS 111 British Sign Language Service how it works: <a href="https://youtu.be/400js0832Ng">https://youtu.be/400js0832Ng</a>

Book a BSL interpreter for hospital appointments: <a href="https://www.bhrhospitals.nhs.uk/deaf-or-hearing-impaired">https://www.bhrhospitals.nhs.uk/deaf-or-hearing-impaired</a>

What is coronavirus CoViD-19 in BSL? https://vimeo.com/397483046/7a2d548e51

Videos in BSL with latest information on COVID-19 https://signhealth.org.uk/resources/coronavirus/

https://www.gov.uk/government/publications/covid-19vaccination-british-sign-language-resources

NHS video Hands, Face, Space in BSL https://youtu.be/ZM05hkwKI6M

NHS 111 British Sign Language Service how it works: <a href="https://youtu.be/400js0832Ng">https://youtu.be/400js0832Ng</a>

NHS How to create a Patient Access account in BSL <a href="https://youtu.be/UyUpjONkyWg">https://youtu.be/UyUpjONkyWg</a>

Lateral Flow test explained in BSL <a href="https://youtu.be/DPbowVb4OI8">https://youtu.be/DPbowVb4OI8</a>

#### Public Health England Vaccine information in BSL

https://www.gov.uk/government/publications/covid-19vaccination-british-sign-language-resources

#### Additional CoViD-19 Vaccine Information in BSL

https://signhealth.org.uk/health-wellbeing/covid-19-vaccine-information/

### CoViD-19 Vaccine - what to expect.

https://www.youtube.com/watch?v=iRHUM1Wk254

#### Hospital Passport/Health Plan for deaf people

https://signhealth.org.uk/health-wellbeing/the-about-me-plan/

#### Access to information Standards in BSL

https://www.youtube.com/watch?v=ZJngMo37WvA

## National Helpline contacts: Royal Association for the Deaf

https://www.royaldeaf.org.uk/services/for-families/independent-living/

Telephone: 0300 688 2525 Text Phone: 0300 688 2527

SMS: 07851 423 866

Email: info@royaldeaf.org.uk

Skype: reception\_ch

https://www.royaldeaf.org.uk/services/i-am-deaf/independent-

living/

#### **DeafblindUK**

https://deafblind.org.uk/contact/

Telephone: 0800 132320

Text: 07950 008870

Text relay: 18001 then 0800 132320

Facetime: helpline.dbuk@deafblind.org.uk (Not BSL) BSL Video Relay direct link to online BSLinterpreter:

https://www.insignlanguage.co.uk/vrs/client-direct/cf6b3f3e-

1608-4046-a8e6-a42338fa039f/

#### **Royal National Institute for the Deaf**

https://rnid.org.uk/information-and-support/information-line/bsl-information-service/

Email information@rnid.org.uk

Text message 0780 000 0360

Relay UK 18001 then 0808 808 0123

Textphone 0808 808 9000

Live chat on our website Chat to us now

#### **SENSE**

https://www.sense.org.uk/contact/contact-supporter-services/ Address: Freepost RRXE-TRES-GEUR 101 Pentonville Road

London N! 9LG

Telephone: 0300 330 9250.

BSL via Sign solutions Starleaf App or weblink:

https://portal.starleaf.com/webrtc?name=sense&target=sense%

40interpreterslive.call.sl

REMARK: <a href="https://www.remarkcommunity.org/">https://www.remarkcommunity.org/</a>

https://www.remark.uk.com/supporting

#### **Emotional support in BSL**

https://www.youtube.com/watch?v=R8hvNWObRh0

https://signhealth.org.uk/with-deaf-people/psychological-therapy/therapy-service/

https://www.deaf4deaf.com/

https://www.youtube.com/playlist?list=PL7zNl2HpED2hHeK-UhArnAkhw1MXPfytQ

https://signhealth.org.uk/with-deaf-people/crisis-text-service/text DEAF to 85258

https://signhealth.org.uk/with-deaf-people/psychological-therapy/therapy-service/

self-help app – available guidance on different topics in BSL <a href="https://play.google.com/store/apps/details?id=pic2.uk.nhs.ntw">https://play.google.com/store/apps/details?id=pic2.uk.nhs.ntw</a>

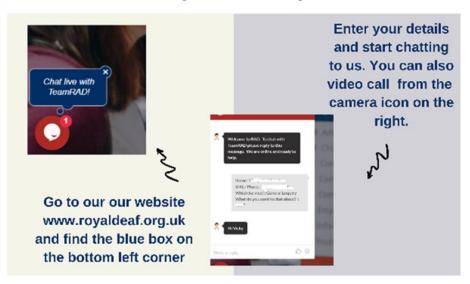


# Feeling unhappy, anxious, worried? Want to talk to someone?

## Our wellbeing live-chat is here to help

9:00 am to 5:00 pm and 6:00 pm to 9:00 pm

Saturday and Sunday 4:00pm to 5:00 pm



### **Video Relay Services**

https://www.interpreterslive.co.uk/

https://www.signsolutions.uk.com/video-interpreting/

https://signlive.co.uk/

https://signvideo.co.uk/business-directory/

https://interpreternow.co.uk/deaf-users

#### **Befriending service in BSL**

https://royaldeaf.org.uk/community-connect-service-continuesreducing-isolation-for-older-people-in-essex-with-hearing-orsight-loss/

#### RAD online wellbeing group in BSL

https://www.sense.org.uk/get-support/holidays-short-breaks-and-activity-groups/sense-connect-referral/

DeafAge Wellbeing Wednesday Coffee Morning in BSL via

Zoom. Email: <a href="mailto:deafage@royaldeaf.org.uk">deafage@royaldeaf.org.uk</a>

mobile/SMS 07810156920 skype: kimwebster0312@gmail.com

# Social Groups online for deaf BSL users of different ages.

https://www.remarkcommunity.org

https://vimeo.com/255371100

Empowering Deaf Society <a href="https://empoweringdeafsociety.org/">https://empoweringdeafsociety.org/</a> To join virtual group in Barking and Dagenham contact EDS: events@enpoweringdeafsociety.org.uk or text 07584687127

### Keep Fit activity videos in BSL

https://www.youtube.com/playlist?list=PL3cz6p9Us2bNgIFma-n8A4qtD0j6N0-pq

#### **Domestic Abuse support in BSL**

https://signhealth.org.uk/with-deaf-people/domestic-abuse/domestic-abuse-service/

## One to one specialist support in BSL

https://deafblind.org.uk/get-support/

https://www.sense.org.uk/contact/contact-supporter-services/

https://www.achievetogether.co.uk/who-we-support/learning-disabilities-hearing-impairments/

#### iPhone Support online/instore

https://www.apple.com/uk/contact/

### Next Generation Text Relay service to contact other people https://www.relayuk.bt.com/how-to-use-relay-uk.html

#### Where to find programs in BSL

https://www.bslzone.co.uk/about/how-watch-bsl-zone-tv

# Programs on iPlayer in BSL including CoViD-19 News briefings

https://www.bbc.co.uk/iplayer/categories/signed/featured

#### **Hearing Dogs for Deaf People in BSL**

https://www.hearingdogs.org.uk/contact-us/bsl-interpreter/

**Help contacting HMRC** – select Royal Association for Deaf People weblink for information in BSL

https://www.gov.uk/get-help-hmrc-extra-support/cannot-use-telephone-different-way-to-contact

**Help contacting DWP in BSL –** select video relay service <a href="https://www.gov.uk/disability-benefits-helpline">https://www.gov.uk/disability-benefits-helpline</a>

**Pension credit claim in BSL –** select video relay service https://www.gov.uk/pension-credit/how-to-claim

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