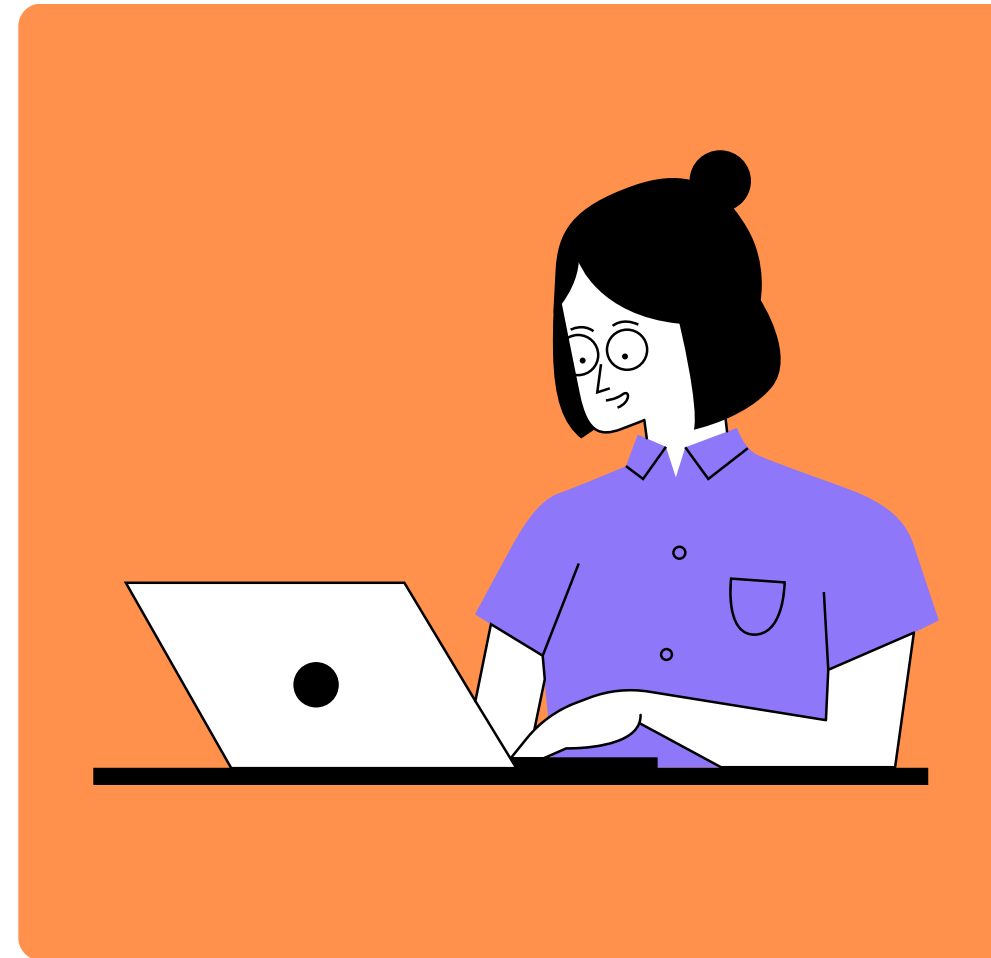


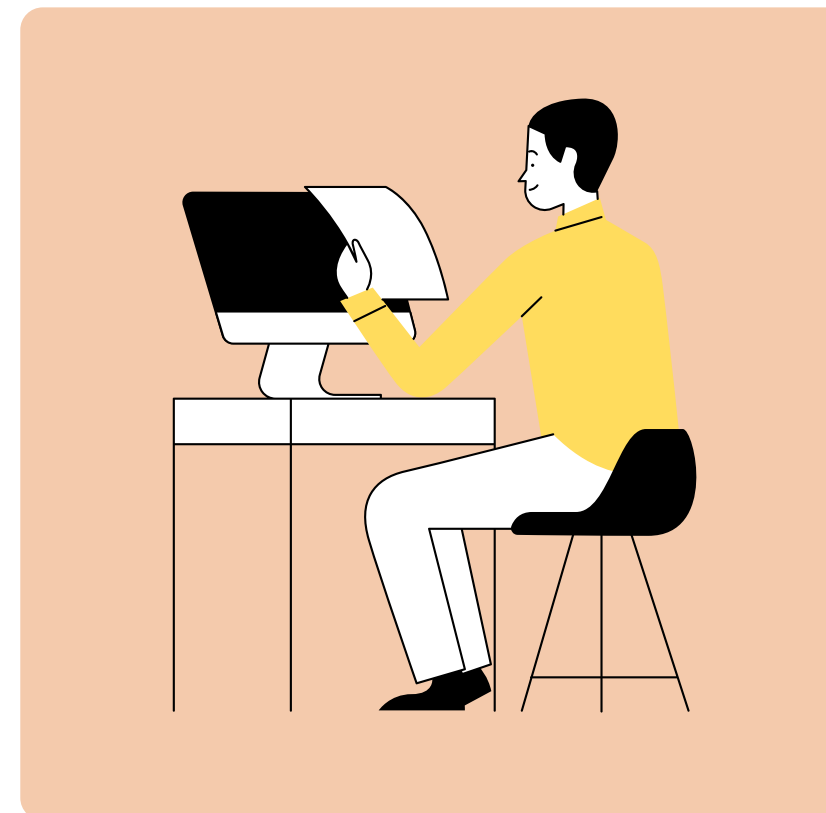
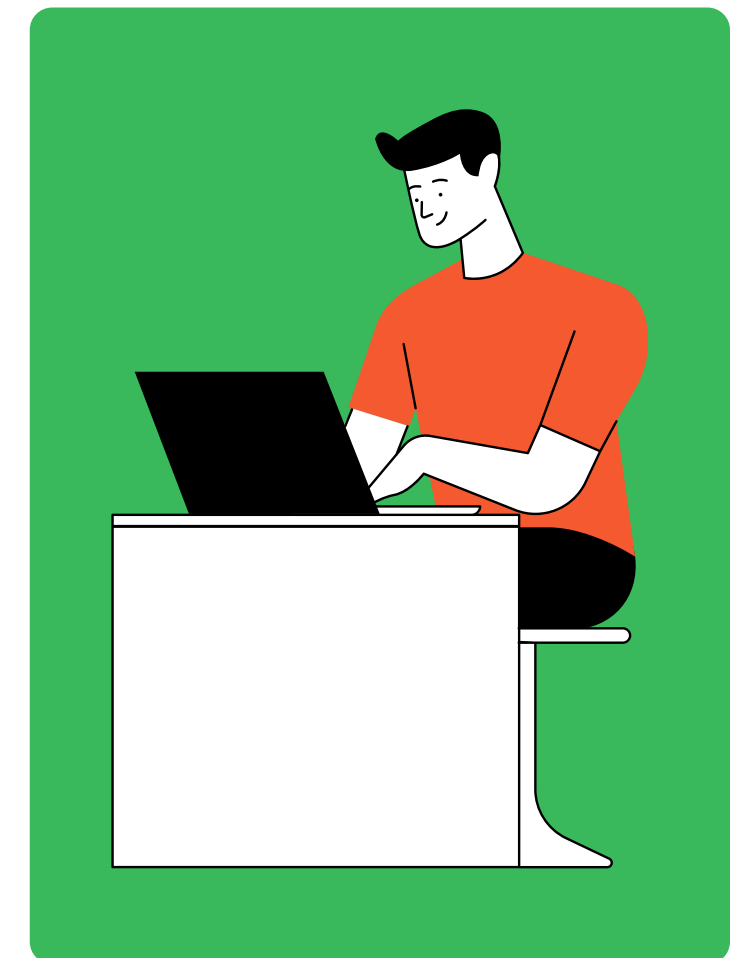
ROUND 7 AND 8

NCIL Report Summary

This report highlights the funded organisations from rounds 7 and 8



**Barking &
Dagenham**



Funded Organisations



Ultimate Counselling & Psychotherapy



HVPA
HIGH VOLTAGE
PERFORMING ARTS



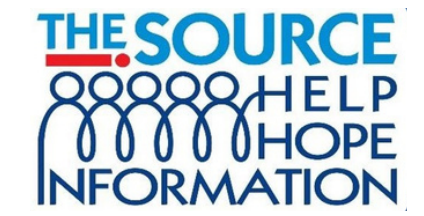
LAURA I.
ART GALLERY



Lifeline
Community
Resources







	Green Shoes Arts	Maidie Create	Sycamore Trust	Barking Churches Unite (The Source)	Peer 2 Peer Education
Funding	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £5,455.60 	<ul style="list-style-type: none"> £9,644 	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £9,998
Theme	<ul style="list-style-type: none"> Inclusion and Diversity 	<ul style="list-style-type: none"> Health and Wellbeing 	<ul style="list-style-type: none"> Children and Young People Inclusion and Diversity 	<ul style="list-style-type: none"> Food Health and Wellbeing 	<ul style="list-style-type: none"> Children and Young People
Ward	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All ward 	<ul style="list-style-type: none"> Barking 	<ul style="list-style-type: none"> All
Outcomes	<p>Engagement with people of the Global Majority in the Borough, aiming to: a lack of engagement with mental health support services, and that a comparatively small number of people from these communities engage with Green Shoes Arts (GSA).</p>	<p>12 week Recovery and Healing creative therapy programme for 16 vulnerable women who are survivors of domestic abuse. Packaged In a gift box will be exercises, tools & techniques and facilitated workshops.</p>	<p>Social Survivors programme provides a safe space for Autistic young people in B&D who are ineligible for statutory support, to equip young people with the confidence, communication and social skills to thrive.</p>	<p>Supporting residents in poverty and extending wellbeing provisions such as emergency daily food provisions, Food Clubs and providing furniture and white goods free of charge.</p>	<p>train 5 Peer Educators who have experienced domestic abuse to deliver 40 Domestic Abuse Workshops to young people in schools within B&D.</p>



	Sew London	HumDum	Wood Lane Baptist Church	Ultimate Counselling	Growing Communities
Funding	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £4,620 	<ul style="list-style-type: none"> £9,990 	<ul style="list-style-type: none"> £9,995
Theme	<ul style="list-style-type: none"> Arts and Culture 	<ul style="list-style-type: none"> Food 	<ul style="list-style-type: none"> Health and Wellbeing 	<ul style="list-style-type: none"> Inclusion and Diversity 	<ul style="list-style-type: none"> Inclusion and Diversity Food
Ward	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> Barking 	<ul style="list-style-type: none"> Parsloes Valence 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards
Outcomes	<p>SEWING FOR PLEASURE OR PROFIT Health and well-being Dressmaking, upcycling and sewing group for Adult beginners, intermediate and advanced sewers.</p>	<p>Extend hot meal service to the Ripple Centre buy purchasing new kitchen equipment to expand kitchen capacity.</p>	<p>The church offer their hall which is used by the community to use for events like line dancing for the aged, youth club, keep fit for families, sewing classes. And to fund a commercial boiler in support of our upgrade to the heating in our hall.</p>	<p>The Resilient Family Project will support immigrant families with no recourse to public funds (NRPF) including undocumented families with addressing cost of living crisis related challenges through community outreach and mental health support.</p>	<p>The Growing Dagenham project offers Barking and Dagenham College students with Special Educational Needs (SEN) the opportunity to learn growing skills whilst immersed in the healthy environment of an organic farm.</p>





	Powerhouse Community Network	Shpresa Programme	B&D Progress Project	Community Resources	Trailnet CIC
Funding	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £9,874 	<ul style="list-style-type: none"> £5,904
Theme	<ul style="list-style-type: none"> Children and Young People Skills and Employment 	<ul style="list-style-type: none"> Children and Young People 	<ul style="list-style-type: none"> Inclusion & Diversity Children & Young People 	<ul style="list-style-type: none"> Health and Wellbeing 	<ul style="list-style-type: none"> Children & Young People
Ward	<ul style="list-style-type: none"> All 	<ul style="list-style-type: none"> Gascoigne 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards
Outcomes	<p>Promote the student's entry, development, and advancement into education or employment. The program targets those pupils identified by their schools and community groups as having potential and target families that face economic and social exclusion due to poverty and related factors.</p>	<p>weekly 2 hour sessions at Gascoigne School where young people will learn about community organising and activism, and will be supported to design, develop and deliver social/environmental campaigns that they themselves identify as priorities.</p>	<p>ParkPlay" Pilot [Young People with Disabilities' Community, Social & Play Initiative]: The Progress Project specialises in supporting children & young people with disabilities, providing sports, social development and educational programmes.</p>	<p>Lunch club runs twice-weekly, offering subsidised hot lunches and a gathering space for 50+ isolated people. we will expand to 5 days per week, to reach more isolated people. We will develop and train a team of new volunteers from amongst our participants.</p>	<p>Support young people attending these youth clubs by offering cycle maintenance courses, where they will learn how to maintain and repair bikes. They will be able to keep the bike they've worked on and receive a helmet, lock and basic toolkit.</p>



	Jamia Almaarif	MG Relief Project CIC	Excel Women's Association	Laura I. Art Gallery CIC	UKON Careers
Funding	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £10,000 	<ul style="list-style-type: none"> £9,877.39 	<ul style="list-style-type: none"> £3,215
Theme	<ul style="list-style-type: none"> Children and Young People 	<ul style="list-style-type: none"> Inclusion & Diversity 	<ul style="list-style-type: none"> Inclusion & Diversity 	<ul style="list-style-type: none"> Arts and Culture 	<ul style="list-style-type: none"> Skills & Employment
Ward	<ul style="list-style-type: none"> All 	<ul style="list-style-type: none"> Marks Gate 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards
Outcomes	<p>'Healthy Minds Project' Our project branches from our Youth Personal Development Programme (PDP) which was initially set up online during the pandemic. The Youth PDP gives youth a tailored programme to expand their social and professional skills set, shaping them for a brighter future</p>	<p>Asian Muslim women led initiative focusing on empowering and engaging women whilst giving them a platform to boost entrepreneurship and leadership skills. MGRP also focuses on bringing the community together and connecting it with the wider community</p>	<p>Expand Women's Wellbeing cafe for isolated women and families. Funding will pay for a Co-ordinator to reach new women and families, especially newly arrived refugees (e.g., Afghans) who are isolated, vulnerable, lacking English language and work skills.</p>	<p>"Noah's Ark" a 17-week programme of creative workshops designed for all ages from disadvantaged backgrounds. The workshops include collecting littered bottles in local parks and repurposing them to create a large art installation.</p>	<p>Creative Thinking workshops that offer creative, practical skills to that can add to CVs, through practical exercises which are creative craft and carnival-themed. This project creates opportunities for gaining real work experience in creative industries.</p>



	Old Dagenham Methodist Church	Every Person is Capable	Creative Wellness Wonder	Hedgecock Community Centre
Funding	<ul style="list-style-type: none"> £5,200 	<ul style="list-style-type: none"> £8,470 	<ul style="list-style-type: none"> £9,640 	<ul style="list-style-type: none"> £9,998
Theme	<ul style="list-style-type: none"> Health and Wellbeing 	<ul style="list-style-type: none"> Health and Wellbeing 	<ul style="list-style-type: none"> Health and Wellbeing 	<ul style="list-style-type: none"> Health and Wellbeing
Ward	<ul style="list-style-type: none"> Heath, Village 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards 	<ul style="list-style-type: none"> All wards
Outcomes	<p>Peace/Remembrance Garden in the space in front of the grounds at Old Dagenham Methodist church. The garden will pay tribute to the life of Durrant Kajjama (a 17 years old local boy who was victim of knife crime, when he was stabbed and killed close to Old Dagenham Methodist Church)</p>	<p>A series of workshops designed to improve mental health and well being, including focused work on men's mental health and young people with adverse childhood experiences and trauma.</p>	<p>B&D Health Surgeries will improve residents health by making them aware, take control, eat well and increase physical activity. Trained health practitioners will be using the health check tools and introducing individual tailored diet plan.</p>	<p>The "Power Hour" Project is a sports programme aimed at 'low participation groups' of women. The project aims to address the barriers women face when participating in sports by delivering high-quality sessions free of charge or low cost</p>

Themes

1

Art & Culture

2

Health and Wellbeing

3

Inclusion and Diversity

4

Children and Young People

5

Skills and Employment

6

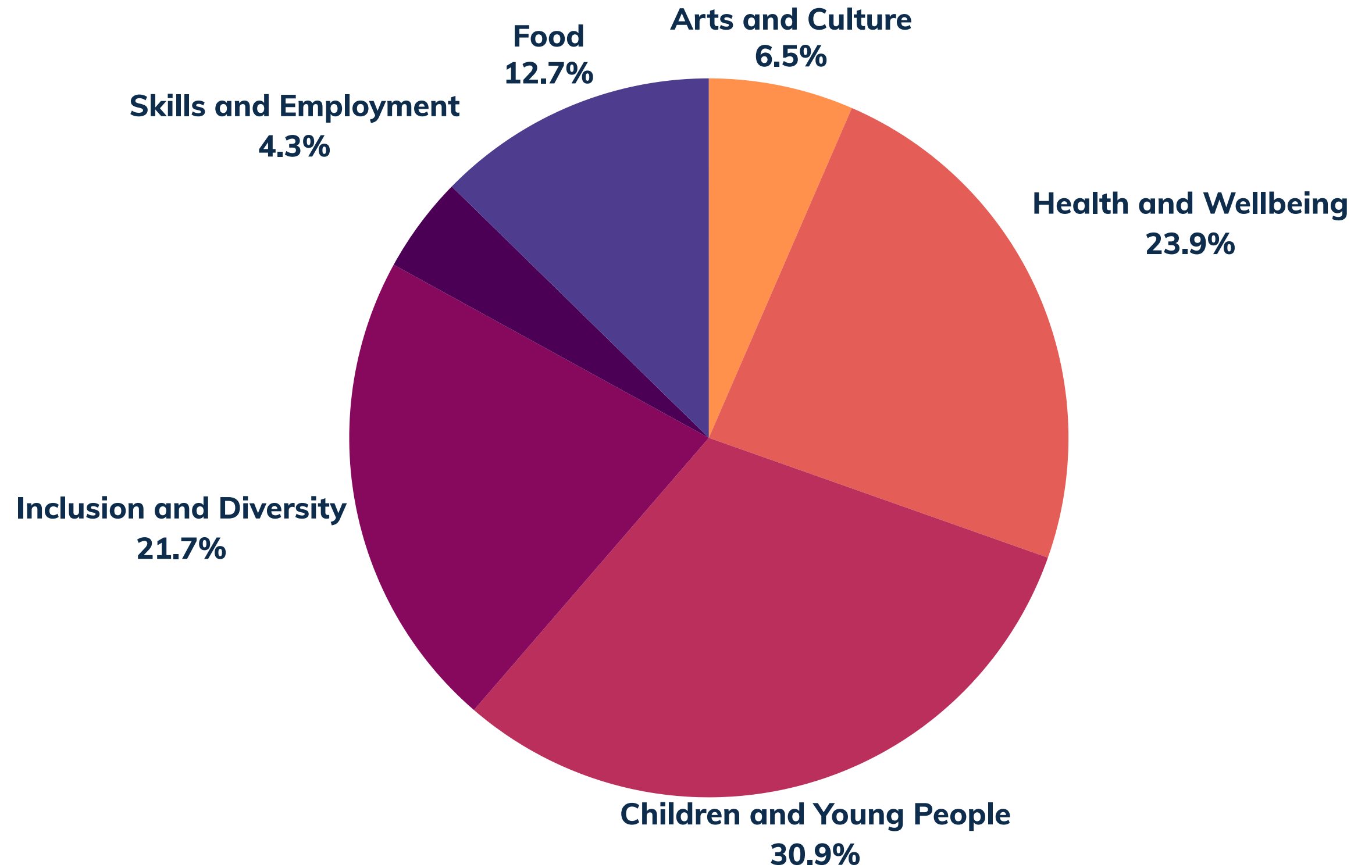
Food

Summary of key themes

This chart shows the percentage of funding that has been spent to support the different social outcomes in the themes listed.

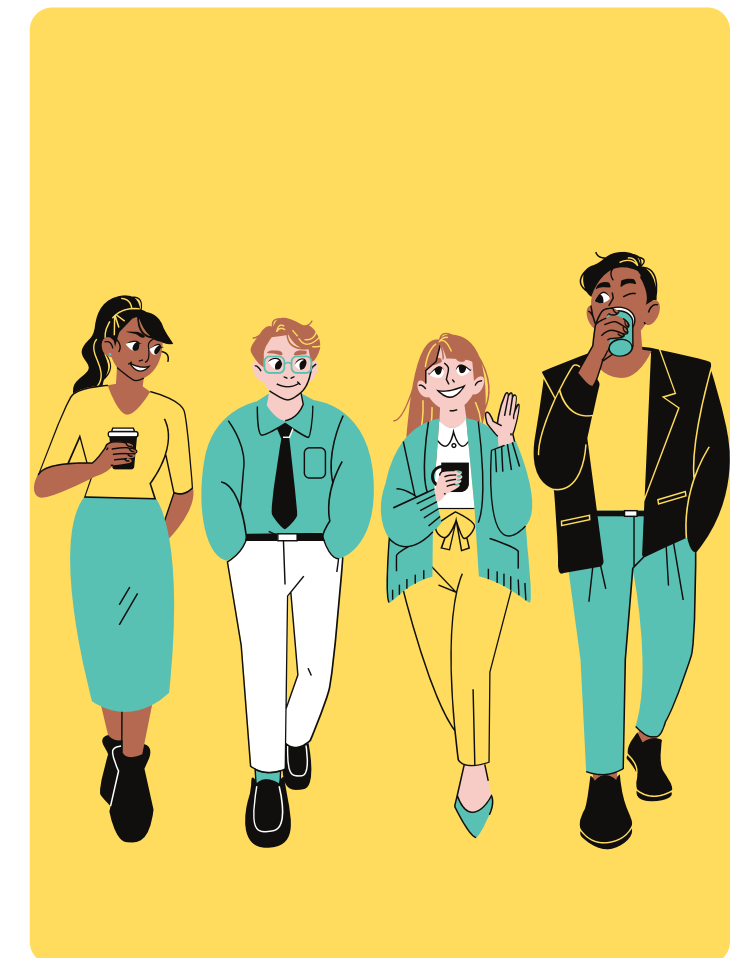
Projects have been grouped into various themes depending on their project activities and outcomes.

Where some projects show outcomes in multiple themes, the spending has been split across the demonstrated themes to show the range of outcomes that the NCIL fund has supported.



ROUND 7&8 / 2023

Themes & Case Studies





Health and Wellbeing

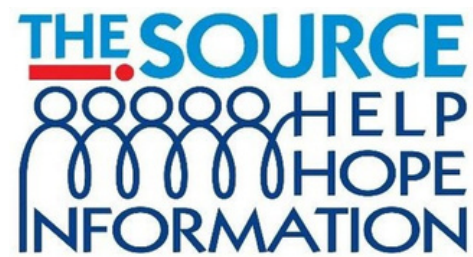
Health and wellbeing is a multifaceted term that describes the healthy, contented and prosperous condition we all aspire to.

This is a broad theme supporting and contributing to an individual's health and wellbeing. This includes mental and emotional health, physical health and a healthy lifestyle.

It also has important social benefits on educational attainment, economic productivity, social and family relationships, social cohesion and overall quality of life across the entire population.

Funded 12 Organisations with a total spend of £72,968.58





Barking Churches Unite is a charity working with churches and local partners to support residents in poverty. The award was to purchase a van to transport large items of furniture, food and all deliveries under the charities aims and programmes.

Health and Wellbeing

Aims	Outcome
<p>Emergency daily food provision (known as Pit Stop) & Borough Food Club at the Barking Learning Centre; also, a Warehouse in River Road to provide furniture and white goods.</p>	<p>From January – October 2023 the van was used for: 370 food collections, 264 food deliveries, 290 Furniture collections from donors, 229 furniture deliveries and 42 full house furniture deliveries.</p>
<p>The award was for £10k to purchase a van to transport large items of furniture, to be ULEZ compliant, to support the stated ministry aims outlined above.</p>	<p>The original aim is being fulfilled with furniture, electrical goods, white goods being given free of charge to residents in need within LBBD. The vast majority of our referrals come from LBBD Depts. and associated services; additional referrals come from local churches affiliated to BCU</p>
<p>To maintain and extend services through additional transport capacity and continue to deliver with partners.</p>	<p>Referrals partners include: Homes & money hub, sheltered housing, rough sleepers, vocational support services, community support solutions, NELFT, housing benefit teams, Streetlink, Barking churches, salvation Army, Humdum.</p>

Inclusion and Diversity

Inclusion is about how well the contributions, presence and perspectives of different groups of people are valued and integrated into an environment. Diversity is about representation or the make-up of an entity.

This is a broad theme supporting and contributing to the involvement of all people in the community regardless of their make-up and how we create a culture where diversity can thrive.

When people feel included, they are better able to contribute to the group and their society without fear of being ostracised. By bringing their ideas forward, they are offering a particular perspective, which stems from a completely different background

Funded 8 Organisations with a total spend of £66,156



H V P A
HIGH VOLTAGE
PERFORMING ARTS





Purple Penguins

An innovative new project to support brand new volunteers (primarily targeting young people aged 15 years upwards) and those with no prior experience of working with disabled children to become engaged with charity supporting children

Aims	Outcome
up to 12 volunteers will be supported with an ultimate aim of inspiring young people to think positively about the community	break down barriers which they may feel exist around disability and gender, (encouraging more males to consider a career in childcare and social work).
engage young people aged 15 years upwards with no prior experience of working with disabled children to become engaged with charity supporting children	access accredited training in level 2 Safeguarding training and emergency first aid as well as training sessions in Equality, diversity and inclusion, health & safety, Autism and Epilepsy awareness
Volunteers can access 40 sessions throughout the year	support available for volunteers to find paid employment within Purple Penguins, volunteering positions within other community groups or onto a college/higher learning course.



Children & Young People

This theme includes a range of different programmes that aim to provide support and services for children and young people.

This is a broad theme that includes all varieties of services and support aimed at improving the lives of children and young people in our communities to ensure our children are healthy, safe, and well looked after. Some examples include supporting healthy lifestyles, sports activities, education, skills development and parent/family activities.

Funded 10 Organisations with a total spend of £94,416





Hand2Hand is a year-long programme to foster sustainability in the community by creating spaces and mechanisms for families to come together and swap/reuse belongings with other families

Aims	Outcome
To create spaces and mechanism for families to come together and swap and reuse belongings with other families	7 events were held across the year successfully swapping thousands of items in Barking and Dagenham
To donate any surplus clothes and baby toys to local charities To work with partner organisations	16 local charities/organisations partnered on this programme and the Healthy Lifestyles and Waste and Recycling Team at the Council
To run 1 launch event and then swap events every two months for a year	Swap events took place across multiple sites in Barking and Dagenham seeing over 600 people attend.



Skills and Employment

Projects that focus on developing employment opportunities and individual's skills, which include transferable skills like teamwork, communication and problem solving

This is a broad theme that includes all varieties of services and support aimed and improving people's skills. This can be hard skills such as developing a person's technical skills on a computer and, soft skills that can include non-technical skills and behaviors that improve communication, worth ethic and style.

Funded 2 Organisations with a total spend of **£13,215**





The project aimed to deliver x4, (8 sessions) of Creative Thinking workshops that offer creative, and practical ways to upskill and support benefactors in gaining employability skills that can add to CVs, through practical exercises which are creative craft and carnival themed.

Skills and Employment

Aims	Outcome
<p>Create Carnival Masks using creative thinking and problem-solving skills. People will create a mask without all the tools required for this. And a second carnival mask using all the required tools for making a carnival mask.</p>	<p>Over 8 sessions the programme saw over 600 people take part, of all ages, at venues across Barking and Dagenham. With 30-40 people volunteering at the workshops.</p>
<p>Gain skills that can be used to enhance or create new CVs. Identify how skills gained can be transferred into other career areas and used for education, employment, training, interests/hobbies, and business start-ups.</p>	<p>The project contribution to the work of Barking & Dagenham Children & Young People's Network (BDCYPN), a 10 organisation consortium & the local authority, connecting arts, social welfare and public sectors – finding holistic ways to help young people with special needs.</p>
<p>Opportunity for volunteering at Barking and Dagenham Carnival on the 9th of July 2022 and other UKON events.</p>	<p>Opportunities for young people to test out their enterprise ideas at Barking and Dagenham Carnival, where young people had a stall and generated £200 to support them with their enterprise ideas.</p>

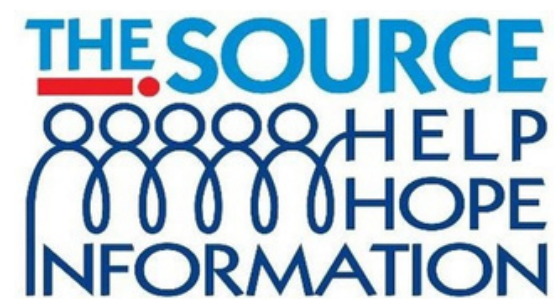


Food

Projects that focus on all aspects that relate to how we work together to build a sustainable food system.

This is a broad theme that includes all varieties of programmes aimed and improving people's skills, knowledge and access to food. This can be anything from growing clubs and community gardens in the community to delivering food aid and warm meals.

Funded 5 Organisations with a total spend of **£38,705**





Cosy Afternoons is a new Company Drink's programme supporting local people affected by the energy bill increases. Cosy Afternoons offer heated drop-in space, nutritious locally produced hot food & drinks to eat onsite, food parcels and ingredients to take home and social arts & crafts activities

Aims	Outcome
<p>create a programme to support local groups, households and individuals affected by the energy bill increases and general inflation</p>	<p>hosted 20 Cosy Afternoons across 5 months. These were attended by approximately 150 participants in total</p>
<p>co-produced and co-delivered with our network of Keyholders – the self-led community groups who run activities at our pavilion and are connected to a large, wider network of local residents, families and vulnerable groups.</p>	<p>Activities delivered including Family Friendly film clubs, Cola-Making workshops, Craft Clubs, Arts Workshops, Wellbeing Wood Carving and much more!</p>
<p>Cosy Afternoons with hot meal service and activities for all.</p>	<p>The programme delivered regular, weekly hot meals, with guaranteed income for local cooks, ensuring food was healthy, seasonal, and to consistently consider cultural appropriateness.</p>

Art and Culture

Projects that focus on all aspects that relate to how we work together to build and create a thriving community of art and culture

Community art is artistic activity that is based in a community setting, characterised by interaction or dialogue with the community and often involving a professional artist collaborating with people who may not otherwise engage in the arts. People who participate in art and cultural activities would say that these activities enhance the quality of their lives - they bring about personal enjoyment, enriching perspectives, intellectual stimulation, and opportunities for public involvement.

Funded 2 Organisations with a total spend of £19,877.39



SEW LONDON PROJECT CIC

SEWING FOR PLEASURE OR PROFIT WORKSHOPS

6 WEEKS

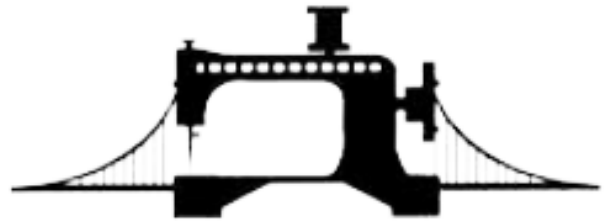
20th, 27th - JUNE
11th & 18th - JULY
4.30pm - 6.30pm
G12

BEGINNERS ARE WELCOME

QUILTING
DRESSMAKING
UPCYCLING
PATTERN REVISION
SEWING

FUNDED BY NCIL BARKING & DAGENHAM





Sew London Project CIC

Health and well-being Dressmaking, upcycling and sewing group for Adults. A series of workshops for participants on how to sew, read a sewing pattern and make and create a range of sewing projects mastering the Sewing machine.

Art and Culture

Aims	Outcome
<p>To run over 24 sessions between January to April with 3 groups of 6-10 participants per group.</p>	<p>Had worked with 3 groups 20 attendees, 15 engaged and completed sewing workshops and can now all sew fairly well for themselves.</p>
<p>To teach, equip and encourage a sustainable route to employment and entrepreneurship within the fashion and textile industry</p>	<p>It has developed skills for employment, some attendees now offer repairs and alteration services.</p>
<p>promote health and wellbeing, creativity and sewing classes to women who may have come from diverse backgrounds or may have faced challenges but would like to be financially independent through creative sewing skills</p>	<p>Promoted health and wellbeing and has brought many individuals from diverse groups and backgrounds together who have formed friendships outside the workshops.</p>