



# junior parkrun



Join us for a free, weekly, 2k for 4-14 year olds.  
Walk, jog, run or volunteer, it's for everyone!

**Barking junior parkrun**  
which takes place every Sunday at 9am

Barking Park, Longbridge Road  
Barking, IG11 8UD

For more  
information please  
visit  
[www.parkrun.org.uk/  
barking-juniors/](http://www.parkrun.org.uk/barking-juniors/)

