

Hospital Discharge

Information about you and your care



Being discharged from hospital

Once you are well enough, you will be discharged from hospital – this simply means that the doctors and nurses feel that you no longer need to stay in hospital anymore.

Many hospital discharges are straight forward and require little or no change to the person's lifestyle, home environment and care needs. However, some people may go through significant changes after an accident or period of illness and may require additional help once they leave hospital.



Going home with no care

This will simply mean that you will leave hospital and go back home and won't need any support from Health or Social Care services.

Going home with a package of care

You may be discharged from hospital with homecare (domiciliary care) services known as a Crisis package. This package of care is to support you to continue living independently in your own home. Once you have returned home a member of our Social Care team will carry out an assessment within 4 weeks to determine if the package of care should be for a longer period. Depending on your financial situation you may be charged for your care.



Get in touch

If you feel that you need further information or advice about help after leaving hospital, then you can contact the Adult Intake Team:

020 8227 2915

020 8227 2462 (Minicom)

IntakeTeam@lbbd.gov.uk

lbbd.gov.uk/adult-health-and-social-care

Out of hours emergency
social work duty team

020 8594 8356



Going into a Care Home

If you are being discharged into a care home, it could be to either a Residential or Nursing Care home depending on what support you need. This will only be for up to 6 weeks in most cases and then we expect you to return to your home. Our health colleagues will work with you and your family/carer to support your move to the care home from the hospital.

A member of our Social Care team will assess you within 4 weeks of leaving hospital to determine if you need any further support to return home or if you need to continue to be cared for in a Residential or Nursing Care home. If you need to continue to stay in a care home, then a financial assessment will be carried out and a decision about funding for your care will be made depending on your financial situation.



Paying for your care

A Social Worker will come and assess you within the first 4 weeks after being discharged from hospital. If you need your care to continue you will be asked to complete a financial assessment form and you may have to pay for part or all of your care going forward.

The Social Worker will notify the Financial Assessments Outreach Team and they will be in touch to conduct a visit to help complete the form and discuss your finances. There will be help and support available to discuss all aspects of paying for your care needs.



Information for carers and family members

If a family member or a friend cares for you on a regular basis, they can access information and advice on our adult health and social care website:

www.lbbd.gov.uk/adult-health-and-social-care

You can also visit Carers of Barking and Dagenham website for advice and support:

www.carerscentre.org.uk or call 020 8593 4422

Additional services that may be helpful



District Nursing

If you are discharged home with any health related nursing needs and are unable to leave your home independently, you may be referred to the District Nursing service for them to undertake these for you. A referral will be made to the District Nursing service and you will be assessed at home and if required, you will receive visits at home until your treatment is complete. The District Nursing service is a 24-hour service, 365 days of the year.

Phone: **0300 300 1815/1817**

Equipment

We may be able to help to adapt your home so that you can be more independent and feel safer. You can ask us for an assessment to see what help might be available to you.

Phone: **020 8227 2915** or

email: **IntakeTeam@lbbd.gov.uk**

Medequip

For direct purchase of simple equipment contact Medequip on **020 8709 7050** or visit their website **www.medequip-uk.com**

Recycling equipment

If you have already benefited from equipment loaned to you that you no longer need, please contact the Equipment & Adaptions Team on **020 8227 2446** or alternatively please contact Medequip on **020 8709 7050** or email **woodford@medequip-uk.com** to arrange a free collection, to recycle and help others in need.



BHR Integrated Discharge Hub

You can call the BHR Integrated Discharge Hub if you need support with your discharge on **0300 300 1743**. Operational Hours: Monday to Sunday 8am to 8pm including bank holidays.

NHS Choices

NHS Choices provides online information and guidance on all aspects of healthcare, to help you make decisions about your health.

Web: **www.nhs.uk**

NHS 111

You can call 111 when you need medical help fast but it is not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year.

Tel: **111**

Someone to speak on your behalf

If you feel you need somebody to help speak on your behalf or help raise your concerns, contact Cambridge House Advocacy on **020 7358 7007** or email **chadvocacy@ch1998.org**



Your name:

Your care provider:

Details of care provider:

Date of first visit:

How often you will receive care:

(this will be filled in at the time of your assessment - an assessment is a conversation about your needs, how these affect your wellbeing and what you want to be able to do in your daily life)

What care will be provided:

(this will also be filled in at the time of your assessment)

Adult Social Care contact details:

Additional Notes:

Carer information – Do you have a carer/family/friend who can support you?