



Premier  
League  
Kicks



# FREE Premier League Kicks Sessions

Email [foundation@westhamunited.co.uk](mailto:foundation@westhamunited.co.uk) to book or call 0207 473 7720





# FOUNDATION

## Newham

**Address:** Powerleague, Norwegian Playing Fields, Jenkins Lane, IG11 0AD

### S.E.N.D.

**Date:** Tuesdays

**Age Group:** 8-18 years old

**Time:** 16:00pm-17:30pm

### Mixed

**Date:** Mondays

**Age Group:** 8-10 years old

**Time:** 16:00pm-17:00pm

### Mixed

**Date:** Mondays

**Age Group:** 11-12 years old

**Time:** 17:00pm-18:00pm

### Mixed

**Date:** Mondays

**Age Group:** 13-14 years old

**Time:** 18:00pm-19:00pm

### Mixed

**Date:** Fridays

**Age Group:** 11-12 years old

**Time:** 16:00pm-17:00pm

### Mixed

**Date:** Fridays

**Age Group:** 13-14 years old

**Time:** 18:15pm-19:15pm

Please ensure you make contact prior to attending by emailing  
[CommunitySport@westhamunited.co.uk](mailto:CommunitySport@westhamunited.co.uk)



FOUNDATION

# Barking Abbey

**Address:** Barking Abbey Sports Ground,  
South Park Drive, IG11 8UA

## Mixed

**Date:** Thursdays

**Age Group:** 8-18 years old

**Time:** 17:00pm-18:00pm

## S.E.N.D.

**Date:** Saturdays

**Age Group:** 8-12 years old

**Time:** 10:00am-11:00am

**Age Group:** 13-18 years old

**Time:** 11:00am-12:00pm

Please ensure you make contact prior to attending by emailing  
[CommunitySport@westhamunited.co.uk](mailto:CommunitySport@westhamunited.co.uk)





FOUNDATION

# Mile End Stadium

**Address:** Burdett Road, E3 4HL,  
Tower Hamlets

## S.E.N.D

**Date:** Wednesday

**Age Group:** 8-18 years old

**Time:** 16:30pm-17:30pm

Please ensure you make contact prior to attending by emailing  
[CommunitySport@westhamunited.co.uk](mailto:CommunitySport@westhamunited.co.uk)