

Stepping Stones

We help families who are worried, upset or confused about something sexual that has happened between siblings.



In partnership with

NSPCC

Oxleas
NHS

Information for
young people

What will happen?

If you say you'd like to meet us and get our help...

- * We will come to your home to meet you and your family so you can hear more about what we do.
- * You and your family might come to Camden to see us. Together we will do a mixture of talking, playing games, artwork and puzzles. This means we can get to know you better and understand how we can help you.
- * We will listen to you and ask you what you think will help. You can always choose what you do and don't want to talk to us about.



A message from the team at Stepping Stones

When something sexual has happened between siblings, we know that there can be secrets, and that things can change a lot at home after everybody finds out.

At Stepping Stones we invite everyone in the family to visit us, and everyone can say 'yes' or 'no' to coming to sessions. It's really important that everyone feels safe when they meet us, and we know how scary it might feel to begin with.

At Stepping Stones we want you to feel listened to, and we will try to give you lots of choices. We want to help you say what you think might make things better, and how you would feel safer as a family.

We know that it isn't always easy to talk about what happened or what needs to change, but we hope that after coming to see us, things will start to feel better.



What will happen next?

- * We will write a report that explains our thoughts about what happened and what might help you and your family.
- * We will also write a letter for you to explain what the report means.
- * If we all (Stepping Stones, your family and your social worker) agree there are some helpful things we can do for you and your family, we will explain what this might involve.
- * You will have a choice about whether or not you would like to carry on having sessions with us.



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