

Stepping Stones

We help families who are worried, upset or confused about something sexual that has happened between siblings.



In partnership with

NSPCC

Oxleas
NHS

Information for
children

What will happen?

If you say you'd like to meet us and get our help:

- * We can come to see you at home.
- * You can come to see us in Camden.
- * We can talk, play games, do arts and crafts or puzzles.
- * We will **listen** to you.
- * We will help everyone to think about what could help make things better.
- * We will write you a letter after you see us to explain what we did together and what everyone thinks might help.



A message from the team at Stepping Stones

When something sexual has happened between siblings, we know that there can be secrets, and that things can change a lot at home after everybody finds out.

At Stepping Stones we invite everyone in the family to visit us. Everyone can say 'yes' or 'no' to coming to sessions. It's really important that everyone feels safe when they meet us, and we know how scary it might feel to begin with.

At Stepping Stones we want you to feel listened to, and we will try to give you lots of choices. We want to help you say what you think might make things better, and how you would feel safer as a family.

We know that it isn't always easy to talk, but we hope that after coming to see us, things will start to feel better.





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