

We are sorry for your loss.

Our aim is to help **you** find support in the time and way that feels right for **you** and those around **you**.



Support during your bereavement journey



We have put together a list of bereavement resources. These may be of help to you now or during your bereavement journey.

When someone in the UK dies, information about what needs to happen next can be found at:

www.gov.uk/after-a-death

If you are bereaved and would like to speak with someone, you can call Cruse Bereavement Care for free on Tel **0808 808 1677** or visit www.cruse.org.uk

Child Bereavement UK offers support for families and professionals when a child dies or when a child grieves national helpline **0800 02 888 40**

At a Loss has a website with useful bereavement resources www.ataloss.org

Independent Age provides information and advice on a range of subjects including welfare, legal and financial Tel **0800 319 6789** or www.independentage.org/information/personal-life/when-someone-dies

If you are looking for local help and support, Marie Curie has information on a range of issues including practical, legal and financial. Tel **0800 090 2903** or www.mariecurie.org.uk/help/support/support-directory/bereavement-support#coping