



COVID-19 PARENTS guidance document

Barking & Dagenham

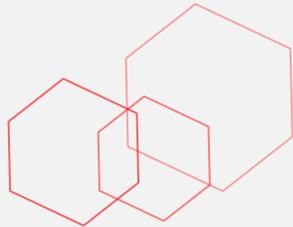
Early Years

Does my child need to attend nursery?

From March 20 2020, early years settings were closed to children except for:

- Children who have a social worker
- Children with an Education, Health and Care Plan.
- Children whose parents are deemed a keyworker. <https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers>

The government guidance states that if a child is safer at home then they must remain there. **Please liaise with your child's nursery and your social worker if this applies to you and need further assistance.**



Settings across the borough are working in several ways to ensure your child receives their entitlement.

If your child is not due to attend nursery during this time, you can find information, guidance and activities to support learning at home on our website.

<https://www.lbbd.gov.uk/ideas-for-helping-your-child-learn-at-home>

Useful Links

General Advice <https://www.nhs.uk/conditions/coronavirus-covid-19/>

LBBD Council information <https://www.lbbd.gov.uk/coronavirus-covid-19>

LBBD Homes and Money Hub team can be reached on **020 8724 2115** or homesandmoneyhub@lbbd.gov.uk

Mental Health & Wellbeing

- Need to talk with someone? Contact Samaritans / call **116 123**
- Child or young person, need to talk? Contact Childline / call **0800 1111**

<https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/>

Experiencing domestic abuse?

National Domestic Abuse Helpline **0808 2000 247**

COVID-19 specific advice on domestic abuse

<https://www.refuge.org.uk/covid19-survivor-tips/>

General support via community hubs

<https://www.lbbd.gov.uk/let-us-know-if-you-need-help-or-support>

email: bdcan@lbbd.gov.uk



Children will increasingly be using social networks to reach out to others and with that there will be an increased risk to fake news and online harms.

[NSPCC NetAware](#) provides a useful guide to social networks, apps and guide.

[National Online Safety](#) have produced a series of top tips guides to support remote learning for Parents, Children and Teachers.

[Thinkuknow](#) is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline for different age groups and parents.

[Childnet](#) has produced a Parent and Carer Toolkit which is a collection of three resources designed to help you talk to your child about their online life, manage boundaries around family internet use and point you in the direction of where to get further help and support.

Online safety



Information

 LBBD Early Years Team

 fis@lbbd.gov.uk

 <https://www.lbbd.gov.uk/family-information-service>