

Date	Activity	Start Time	Description
01/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email homesandmoneyhub@lbbd.gov.uk
01/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
01/10/2020	Creative Fun	11:00 AM	<a href="#">Join Here</a>
01/10/2020	Tai Chi	11:30 AM	<a href="#">Join Here</a>
01/10/2020	LEAN Living	1:00 PM	<a href="#">Join Here</a>
01/10/2020	Young at Heart Quiz	1:00 PM	<a href="#">Join Here</a>
01/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
01/10/2020	Stop Smoking Peer Support	4:00 PM	<a href="#">Join Here</a>
02/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email homesandmoneyhub@lbbd.gov.uk
02/10/2020	Hiit Class	9:30 AM	<a href="#">Join Here</a>
02/10/2020	Getting Started (Introduction to Microsoft Teams)	10:00 AM	<a href="#">Join Here</a>
02/10/2020	Cocoon Together via Zoom	10:00 AM	Please email EarlyYearsCocoon@gmail.com
02/10/2020	Q&A Session	10:30 AM	<a href="#">Join Here</a>
02/10/2020	Story Time	10:30 AM	<a href="#">Join Here</a>
02/10/2020	Total Body Workout	11:30 AM	<a href="#">Join Here</a>
02/10/2020	Community Food Club @SBCC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
02/10/2020	Chair Exercise	12:45 PM	<a href="#">Join Here</a>
02/10/2020	Baby Massage (invite only)	1:00 PM	Please email healthy.lifestyles@lbbd.gov.uk
03/10/2020	Online Toastmasters Club in Barking	10:00 AM	<a href="https://barkingtoastmasters.wordpress.com">https://barkingtoastmasters.wordpress.com</a>
05/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email homesandmoneyhub@lbbd.gov.uk
05/10/2020	Baby Massage (invite only)	10:00 AM	Please email healthy.lifestyles@lbbd.gov.uk
05/10/2020	Cocoon Together via Zoom	10:00 AM	Please email EarlyYearsCocoon@gmail.com
05/10/2020	The Hug Parent Support Group	10:30 AM	<a href="mailto:Please email to thehugbarking@gmail.com">Please email to thehugbarking@gmail.com</a>
05/10/2020	Story Time	10:30 AM	<a href="#">Join Here</a>
05/10/2020	Community Food Club @WBCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
05/10/2020	Yoga	11:30 AM	<a href="#">Join Here</a>
05/10/2020	Little Rhyme Makers	1:30 PM	<a href="#">Join Here</a>
05/10/2020	Stop Smoking Peer Support	2:00 PM	<a href="#">Join Here</a>
05/10/2020	Lean Living	6:00 PM	<a href="#">Join Here</a>
06/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email homesandmoneyhub@lbbd.gov.uk
06/10/2020	LEAN Living	10:00 AM	<a href="#">Join Here</a>
06/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
06/10/2020	Coffee Morning	10:30 AM	<a href="#">Join Here</a>
06/10/2020	Chair Based Aerobics	11:30 AM	<a href="#">Join Here</a>
06/10/2020	Community Food Club @BLC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
06/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
06/10/2020	Line Dancing	2:00 PM	<a href="#">Join Here</a>
07/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email homesandmoneyhub@lbbd.gov.uk
07/10/2020	Virtual Cooking	10:00 AM	<a href="#">Join Here</a>
07/10/2020	Cocoon Together via Zoom	10:00 AM	Please email EarlyYearsCocoon@gmail.com
07/10/2020	Community Food Club @MGCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
07/10/2020	HENRY Starting Solids (Invite Only)	11:15 AM	Please email healthy.lifestyles@lbbd.gov.uk
07/10/2020	Supple Strength	11:30 AM	<a href="#">Join Here</a>
07/10/2020	Lean Living	12:00 PM	<a href="#">Join Here</a>
07/10/2020	Kickboxing Class	12:45 PM	<a href="#">Join Here</a>
07/10/2020	Knit & Natter	1:00 PM	<a href="#">Join Here</a>
07/10/2020	Look, Listen & Play - Play & Learn Workshop	1:00 PM	<a href="#">Join Here</a>
07/10/2020	LEAN Living	2:00 PM	<a href="#">Join Here</a>
08/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email homesandmoneyhub@lbbd.gov.uk
08/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
08/10/2020	Creative Fun	11:00 AM	<a href="#">Join Here</a>
08/10/2020	Back in the Day (when we were young)	11:00 AM	<a href="#">Join Here</a>
08/10/2020	Young at Heart Quiz	1:00 PM	<a href="#">Join Here</a>
08/10/2020	LEAN Living	1:00 PM	<a href="#">Join Here</a>
08/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
08/10/2020	Stop Smoking Peer Support	4:00 PM	<a href="#">Join Here</a>
08/10/2020	LEAN Beans	4:30 PM	<a href="#">Join Here</a>
09/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email homesandmoneyhub@lbbd.gov.uk
09/10/2020	Hiit Class	9:30 AM	<a href="#">Join Here</a>
09/10/2020	Cocoon Together via Zoom	10:00 AM	Please email EarlyYearsCocoon@gmail.com
09/10/2020	Getting Started (Introduction to Microsoft Teams)	10:00 AM	<a href="#">Join Here</a>
09/10/2020	Story Time	10:30 AM	<a href="#">Join Here</a>
09/10/2020	Q&A Session	10:30 AM	<a href="#">Join Here</a>
09/10/2020	Total Body Workout	11:30 AM	<a href="#">Join Here</a>
09/10/2020	Community Food Club @SBCC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
09/10/2020	Chair Exercise	12:45 PM	<a href="#">Join Here</a>

09/10/2020	Baby Massage (invite only)	1:00 PM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
10/10/2020	LEAN Living	10:00 AM	<a href="#">Join Here</a>
12/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
12/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
12/10/2020	Baby Massage (invite only)	10:00 AM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
12/10/2020	Story Time	10:30 AM	<a href="#">Join Here</a>
12/10/2020	The Hug Parent Support Group	10:30 AM	<a href="#">Join Here</a>
12/10/2020	Community Food Club @WBCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
12/10/2020	Little Rhyme Makers	1:30 PM	<a href="#">Join Here</a>
12/10/2020	Stop Smoking Peer Support	2:00 PM	<a href="#">Join Here</a>
12/10/2020	Afternoon Tea	2:00 PM	<a href="#">Join Here</a>
12/10/2020	Lean Living	6:00 PM	<a href="#">Join Here</a>
13/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
13/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
13/10/2020	LEAN Living	10:00 AM	<a href="#">Join Here</a>
13/10/2020	Coffee Morning	10:30 AM	<a href="#">Join Here</a>
13/10/2020	Chair Based Aerobics	11:30 AM	<a href="#">Join Here</a>
13/10/2020	Community Food Club @BLC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
13/10/2020	Music Quiz	1:00 PM	<a href="#">Join Here</a>
13/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
14/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
14/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
14/10/2020	Virtual Cooking	10:00 AM	<a href="#">Join Here</a>
14/10/2020	Community Food Club @MGCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
14/10/2020	HENRY Starting Solids (Invite Only)	11:15 AM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
14/10/2020	Supple Strength	11:30 AM	<a href="#">Join Here</a>
14/10/2020	Lean Living	12:00 PM	<a href="#">Join Here</a>
14/10/2020	Kickboxing Class	12:45 PM	<a href="#">Join Here</a>
14/10/2020	Card Making	1:00 PM	<a href="#">Join Here</a>
14/10/2020	Look, Listen & Play - Play & Learn Workshop	1:00 PM	<a href="#">Join Here</a>
14/10/2020	LEAN Living	2:00 PM	<a href="#">Join Here</a>
15/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
15/10/2020	JobShops - Work in Construction Workshop	10:00 AM	<a href="mailto:Book.your.place.vacancies@lbbd.gov.uk">Book your place vacancies@lbbd.gov.uk</a>
15/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
15/10/2020	Creative Fun	11:00 AM	<a href="#">Join Here</a>
15/10/2020	Zumba Gold	12:00 PM	<a href="#">Join Here</a>
15/10/2020	Young at Heart Quiz	1:00 PM	<a href="#">Join Here</a>
15/10/2020	LEAN Living	1:00 PM	<a href="#">Join Here</a>
15/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
15/10/2020	Stop Smoking Peer Support	4:00 PM	<a href="#">Join Here</a>
15/10/2020	LEAN Beans	4:30 PM	<a href="#">Join Here</a>
16/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
16/10/2020	Hiit Class	9:30 AM	<a href="#">Join Here</a>
16/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
16/10/2020	Getting Started (Introduction to Microsoft Teams)	10:00 AM	<a href="#">Join Here</a>
16/10/2020	Story Time	10:30 AM	<a href="#">Join Here</a>
16/10/2020	Q&A Session	10:30 AM	<a href="#">Join Here</a>
16/10/2020	Total Body Workout	11:30 AM	<a href="#">Join Here</a>
16/10/2020	Community Food Club @SBCC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
16/10/2020	Chair Exercise	12:45 PM	<a href="#">Join Here</a>
16/10/2020	Baby Massage (invite only)	1:00 PM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
17/10/2020	Online Toastmasters Club in Barking	10:00 AM	<a href="https://barkingtoastmasters.wordpress.com">https://barkingtoastmasters.wordpress.com</a>
17/10/2020	LEAN Living	10:00 AM	<a href="#">Join Here</a>
19/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
19/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
19/10/2020	Baby Massage (invite only)	10:00 AM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
19/10/2020	The Hug Parent Support Group	10:30 AM	<a href="#">Join Here</a>
19/10/2020	Story Time	10:30 AM	<a href="#">Join Here</a>
19/10/2020	Community Food Club @WBCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
19/10/2020	Little Rhyme Makers	1:30 PM	<a href="#">Join Here</a>
19/10/2020	Tai Chi	2:00 PM	<a href="#">Join Here</a>
19/10/2020	Stop Smoking Peer Support	2:00 PM	<a href="#">Join Here</a>
19/10/2020	Lean Living	6:00 PM	<a href="#">Join Here</a>
20/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
20/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
20/10/2020	LEAN Living	10:00 AM	<a href="#">Join Here</a>
20/10/2020	Coffee Morning	10:30 AM	<a href="#">Join Here</a>

20/10/2020	Chair Based Aerobics	11:30 AM	<a href="#">Join Here</a>
20/10/2020	Community Food Club @BLC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
20/10/2020	Jewellery Making	1:00 PM	<a href="#">Join Here</a>
20/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
21/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
21/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
21/10/2020	Virtual Cooking	10:00 AM	<a href="#">Join Here</a>
21/10/2020	Community Food Club @MGCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
21/10/2020	HENRY Starting Solids (Invite Only)	11:15 AM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
21/10/2020	Supple Strength	11:30 AM	<a href="#">Join Here</a>
21/10/2020	Lean Living	12:00 PM	<a href="#">Join Here</a>
21/10/2020	Kickboxing Class	12:45 PM	<a href="#">Join Here</a>
21/10/2020	Look, Listen & Play - Play & Learn Workshop	1:00 PM	<a href="#">Join Here</a>
21/10/2020	LEAN Living	2:00 PM	<a href="#">Join Here</a>
22/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
22/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
22/10/2020	Creative Fun	11:00 AM	<a href="#">Join Here</a>
22/10/2020	Yoga	11:30 AM	<a href="#">Join Here</a>
22/10/2020	Young at Heart Quiz	1:00 PM	<a href="#">Join Here</a>
22/10/2020	LEAN Living	1:00 PM	<a href="#">Join Here</a>
22/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
22/10/2020	Stop Smoking Peer Support	4:00 PM	<a href="#">Join Here</a>
22/10/2020	LEAN Beans	4:30 PM	<a href="#">Join Here</a>
23/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
23/10/2020	HiIT Class	9:30 AM	<a href="#">Join Here</a>
23/10/2020	Getting Started (Introduction to Microsoft Teams)	10:00 AM	<a href="#">Join Here</a>
23/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
23/10/2020	Q&A Session	10:30 AM	<a href="#">Join Here</a>
23/10/2020	Story Time	10:30 AM	<a href="#">Join Here</a>
23/10/2020	Total Body Workout	11:30 AM	<a href="#">Join Here</a>
23/10/2020	Community Food Club @SBCC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
23/10/2020	Chair Exercise	12:45 PM	<a href="#">Join Here</a>
23/10/2020	Baby Massage (invite only)	1:00 PM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
24/10/2020	LEAN Living	10:00 AM	<a href="#">Join Here</a>
<b>October School Half Term: 26/10/2020 – 01/11/2020</b>			
26/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
26/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
26/10/2020	Baby Massage (invite only)	10:00 AM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
26/10/2020	The Hug Parent Support Group	10:30 AM	<a href="#">Join Here</a>
26/10/2020	Community Food Club @WBCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
26/10/2020	Little Rhyme Makers	1:30 PM	<a href="#">Join Here</a>
26/10/2020	Afternoon Tea	2:00 PM	<a href="#">Join Here</a>
26/10/2020	Stop Smoking Peer Support	2:00 PM	<a href="#">Join Here</a>
26/10/2020	Lean Living	6:00 PM	<a href="#">Join Here</a>
27/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
27/10/2020	Little Rhyme Makers	10:00 AM	<a href="#">Join Here</a>
27/10/2020	Coffee Morning	10:30 AM	<a href="#">Join Here</a>
27/10/2020	Chair Based Aerobics	11:30 AM	<a href="#">Join Here</a>
27/10/2020	Community Food Club @BLC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
27/10/2020	Keyring Making	1:00 PM	<a href="#">Join Here</a>
27/10/2020	Story Time	1:30 PM	<a href="#">Join Here</a>
28/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
28/10/2020	Healthy Eating	10:00 AM	<a href="#">Join Here</a>
28/10/2020	Virtual Cooking	10:00 AM	<a href="#">Join Here</a>
28/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>
28/10/2020	Community Food Club @MGCC	11:00 AM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
28/10/2020	Supple Strength	11:30 AM	<a href="#">Join Here</a>
28/10/2020	Lean Living	12:00 PM	<a href="#">Join Here</a>
28/10/2020	Kickboxing Class	12:45 PM	<a href="#">Join Here</a>
28/10/2020	Made in Dagenham	1:30 PM	<a href="#">Join Here</a>
29/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
29/10/2020	Knit & Natter	11:00 AM	<a href="#">Join Here</a>
29/10/2020	Young at Heart Quiz	1:00 PM	<a href="#">Join Here</a>
29/10/2020	LEAN Living	1:00 PM	<a href="#">Join Here</a>
29/10/2020	Stop Smoking Peer Support	4:00 PM	<a href="#">Join Here</a>
30/10/2020	Homes and Money Hub Helpline	9:00 AM	Please Email <a href="mailto:homesandmoneyhub@lbbd.gov.uk">homesandmoneyhub@lbbd.gov.uk</a>
30/10/2020	Cocoon Together via Zoom	10:00 AM	Please email <a href="mailto:EarlyYearsCocoon@gmail.com">EarlyYearsCocoon@gmail.com</a>

<b>30/10/2020</b>	Hiit Class	9:30 AM	<a href="#">Join Here</a>
<b>30/10/2020</b>	Getting Started (Introduction to Microsoft Teams)	10:00 AM	<a href="#">Join Here</a>
<b>30/10/2020</b>	Total Body Workout	11:30 AM	<a href="#">Join Here</a>
<b>30/10/2020</b>	Community Food Club @SBCC	12:00 PM	<a href="https://www.lbbd.gov.uk/community-food-clubs">https://www.lbbd.gov.uk/community-food-clubs</a>
<b>30/10/2020</b>	Chair Exercise	12:45 PM	<a href="#">Join Here</a>
<b>30/10/2020</b>	Baby Massage (invite only)	1:00 PM	Please email <a href="mailto:healthy.lifestyles@lbbd.gov.uk">healthy.lifestyles@lbbd.gov.uk</a>
<b>10/10/2020</b>	LEAN Living	10:00 AM	<a href="#">Join Here</a>
<b>31/10/2020</b>	Online Toastmasters Club in Barking	10:00 AM	<a href="https://barkingtoastmasters.wordpress.com">https://barkingtoastmasters.wordpress.com</a>