

Home Learning 19

Play is young children's learning. Playing and talking with your child helps to develop their social, emotional, cognitive and physical skills.

You will know your child's levels of concentration and language best and you need to adapt all these activities to meet their developmental stage and interests.



Standing on my Mat

This singing game will help your child to learn new words, especially if you change the space that your child stands. You might use a mat, the wooden floor, a kitchen tile, a step, a cushion or for more challenge a low stool. You child will also be learning to jump further, higher, with two feet together and to land safely. By waiting for '123 Jump' you will be helping your child to learn waiting and listening skills. Find a clear area and sing:

Standing on the mat
Standing on the mat
e..ai...e...ai
Standing on the mat
1...2...3... Jump!



LBBB Early Years



Paper Folding Challenge

How many times can you fold a piece of paper? Use old newspaper or parcel packaging and show your child how to match the edges to fold the paper in half. Describe what you are doing using the mathematical vocabulary words flat, edges, lines, corners, straight and half. Keep folding until you cannot fold the paper anymore. How many times did you fold the paper? Undo the folds and talk about the lines on the paper. What might happen if you try a different sized piece of paper? Who can fold the paper the most? Who can make the paper into the smallest rectangle?



Rhyme: Five Little Firefighters

Five little firefighters standing in a row,
1 2 3 4 5 let's go.
Jump on the engine with a SHOUT,
As quick as a wink the fire is out.

Four little firefighters standing in a row,
1 2 3 4 shhh let's go...

This number rhyme helps children to learn to recite number names, to count objects, to match number names to quantities and to begin to understand early subtraction. Use objects such as bottles or soft toys to represent the firefighters and count together how many objects as you sing the song. For older children create more challenge by increasing the number of firefighters.

Letters and Sounds Phase One: For three- and four-year olds. Words About Sounds

As you play together, talk about words that describe different sounds, such as slow, fast, quiet, loud, long or short. Name different types of sounds such as click or stamp. Talk about different types of movements such as rock, march, skip.

Listen to what your child says about the sounds they hear and then build and expand on their contributions and ideas. As you do this you will be helping your child to widen their vocabulary.



**Barking &
Dagenham**