

## Home Learning 22

Play is young children's learning.

Speech, language and communication skills are crucial to your child's overall development. Every time you play and talk with your child you are helping their development.

**You will know your child's levels of concentration and language best and you need to adapt all these activities to meet their developmental stage and interests.**

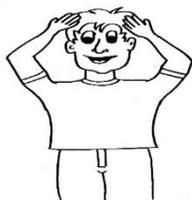
### Rhyme: Head, Shoulders, Knees and Toes

A great rhyme to get the heart pumping, to learn about body parts and to co-ordinate movements.

Add different body parts, change the order of the words, sing the song slowly so your child practices listening

### Head, Shoulders, Knees and Toes

Head, shoulders, knees and toes, knees and toes,  
Head, shoulders, knees and toes, knees and toes,  
And eyes and ears and mouth and nose,  
Head, shoulders, knees and toes, knees and toes



### Collecting Challenge

Together find all the things you can in your home that are blue or red, or soft or hard. Collect all the objects together. Watch how your child plays with



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the objects. Name the objects, describe some of the things that are the same and different. Put all the objects together that are the same. Count together how many in each group. Return everything to its original place. Collecting objects that are the same and sorting them into different groups is helping your child to develop early mathematical skills of comparing and matching. Plus, learning to tidy away is a very important life skill.

### Letters and Sound Phase One: For three-and-four-year olds. Talking About Sounds



Talk about sounds we make with our bodies and what the sounds mean.

Use words to describe the sound such as slow, fast, quiet, loud, long, short.

Talk about words to describe the type of sound such as click, stamp, tap, bang.

Use words to describe the type of movement such as rock, march, skip.

As you play together you are teaching children to listen, helping them to learn new actions and explore different movements.

### Shopping Bag Weightlifting

Place a few tins or packets into two shopping bags, talk about which bag is a heavier and which is

lighter, change the shopping. As you play with your child you are helping him or her to learn how to compare different weights and to practice lifting different amounts with control.



**Barking &  
Dagenham**