

All parents/carers are required to complete a registration form. This is available on the day that your child attends.

Dates for your diary:

- ❖ **Summer holidays: 20th July – 2nd September 2016**
- ❖ **October ½ Term: 24th – 28th October 2016**
- ❖ **Xmas Holidays: 19th – 23rd December 2016**
- ❖ **February ½ Term: 13th – 17th February 2017**
- ❖ **Easter Holidays: 10th – 21st April 2017 (Excluding Good Friday (14th) and Easter Monday (17th))**
- ❖ **May ½ Term: 30th May – 2nd June 2017**

ACTIV8

ROBERT CLACK LEISURE CENTRE

INCLUDING SELECTED X-MAS DATES

**SPORTS ACTIVITIES FOR CHILDREN
AGED 5-14**

OVER 8

- Basketball
- Junior Gym
- Handball
- Softball
- Rounders
- Cricket
- Tag Rugby
- Bouncy Castles
- And Trampolining

UNDER 8

- Mini Basketball
- Army Assault Course
- Bouncy Castles
- Kwik Cricket
- Parachute Games
- Mini Rounders
- Dodgeball
- Mini Tennis
- Sports Day Races
- And Trampolining

Find us on Social Media!



@RCLeisureCentre



Robert Clack School
Leisure Centre

Telephone: 0208 724 1100

Email: lculture@robert-clack.bardaglea.org.uk

Website:
www.lbbd.gov.uk/rclc

Robert Clack
Leisure Centre
Gosfield Road
Dagenham
Essex
RM8 1DN

MONDAY-FRIDAY
(Excluding bank holidays)

EXTENDED HOURS

8:00am – 6.00pm
£16 per day

NORMAL HOURS

9:30am- 3:30pm
£10 per day

HALF DAY

8am-1pm OR 1pm 6pm
£8 per day

Normal Timetable

DAY	OVER 8		UNDER 8	
	AM	PM	AM	PM
MONDAY	Bench Football	Hockey / Goalball	Hockey drills, skill and games	Arts and Crafts
	Rounders	Bouncy Castles	Mini Basketball	Bouncy Castle
	Table Tennis	Junior Gym	Boccia	Mini Olympics
TUESDAY	Dodgeball	Handball	Kick Cricket	Mini Tennis
	Softball	Football	Kurling	Fairground Themed Races
	Bench Hockey	Benchball	Medic/ Prison Dodgeball	Mini Football
WEDNESDAY	Kick Rounders	Cricket	Parachute Games	Arts and craft
	Basketball	Longball	Mini Handball	Army/ Pirate Games
	Badminton	Netball	Kick Rounders	Trampolining
THURSDAY	Tag rugby	Junior Gym	Mini Volleyball	Medic/ Prison Dodgeball
	Rounders	Trampolining	Sports Day Races	Party Games
	Indoor cricket	Volleyball	Bench Hockey	Bench Football
FRIDAY	Quiz	Handball	Quiz	Arts and Crafts
	Competitions	Hockey	Competitions	Bouncy Castles
	Team Games	Bench Ball		

Extended Timetable

DAY	EXTENDED MORNING (8:00am-9:30pm)	EXTENDED EVENING Over 8 (3:30pm-6:00pm)	EXTENDED EVENING Under 8 (3:30pm-6:00pm)
MONDAY	Free play Netball	Tag Rugby Basketball Kurling	Film Fun and Games
TUESDAY	Free play Basketball	Table Tennis Kick Cricket Seated Volleyball	Film Fun and Games
WEDNESDAY	Free play Bench Frisbee	Athletics Stoolball Team Games	Film Fun and Games
THURSDAY	Free play Athletics	Softball Boccia Tennis	Film Fun and Games
FRIDAY	Free play Kick Cricket	Rounders Kwick Cricket Team Games	Film Fun and Games

All you need to bring is suitable footwear (NO SANDALS, HEELS, BOOTS, and FLIP FLOPS), a healthy lunch, snacks and lots of drinks. Shin pads and gum shields are advised for hockey, rugby and football, however all other sports equipment will be provided.

Please note that some activities will be outside so appropriate clothing will be required. In the event of hot weather it is advisable to provide your child with sun cream.

Any medication must be clearly labelled with the name of the child and signed in during registration.

The management reserve the right to adjust the timetable without notice if it is thought to be necessary.

Please note children are not permitted to bring any nuts with them in their lunch due to some children being allergic to them.